

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to **1-800-750-9692**. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. If information provided is not complete, correct, or legible, authorization may be delayed.

**Drug Requested:** Cholbam® (cholic acid)

**DRUG INFORMATION:** Authorization may be delayed if incomplete.

**Drug Form/Strength:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_ **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD Code, if applicable:** \_\_\_\_\_

**Recommended Dosage:** Oral: 10 to 15 mg/kg (once daily or in 2 divided doses); administer 11 to 17 mg/kg (once daily or in 2 divided doses) in patients with concomitant familial hypertriglyceridemia

**Quantity Limits:**

- 50 mg – 4 capsules per day
- 250 mg – 7 capsules per day

**CLINICAL CRITERIA:** Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied.

☐ **Bile Acid Synthesis Disorders due to Single Enzyme Defects (SEDs)**

**Initial Authorization: 6 months**

- ☐ Member is 3 weeks of age or older
- ☐ Diagnosis has been confirmed using mass spectrometry (FAB-SM) of serum or urinary bile acid levels
- ☐ Member has a diagnosis of **ONE** of the following single enzyme defects:
  - ☐ 3-beta-hydroxysteroid dehydrogenase (3-β-HSD) deficiency
  - ☐ Aldo-keto reductase 1D1 (AKR1D1)
  - ☐ Cerebrotendinous xanthomatosis (CTX)
  - ☐ Alpha-methylacyl-CoA racemase (AMACR) deficiency
- ☐ Member is **NOT** receiving treatment for extrahepatic manifestations of bile acid synthesis disorders (i.e. neurologic symptoms)
- ☐ Assessment of liver function (AST, ALT & bilirubin) has been performed initially and will be performed with each renewal (**submit lab results**)
- ☐ Member will **NOT** be on concomitant therapy with Bile Salt Efflux Pump (BSEP) Inhibitors (e.g., cyclosporine), or if therapy is unavoidable, member will be monitored closely for adverse reactions

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☐ **Peroxisomal Disorders (PDs) Including Zellweger Spectrum Disorders**

**Initial Authorization: 6 months**

- ☐ Member is 3 weeks of age or older
- ☐ Diagnosis has been confirmed by **ONE** of the following molecular and biochemical findings:
  - ☐ Detection of abnormalities using mass spectrometry (FAB-MS) of serum or urinary bile acid levels
  - ☐ Detection of pathogenic variants of the PEX gene by molecular genetic testing
- ☐ Member has a diagnosis of **ONE** of the following:
  - ☐ Neonatal Adrenoleukodystrophy
  - ☐ Generalized Peroxisomal Disorder
  - ☐ Refsum Disease
  - ☐ Zellweger Syndrome
  - ☐ Peroxisomal Disorder, Type Unknown
- ☐ Member exhibits at least **ONE** or more of the following:
  - ☐ Manifestations of liver disease
  - ☐ Steatorrhea
  - ☐ Complications from decreased fat-soluble vitamin absorption
- ☐ Member is **NOT** receiving treatment for extrahepatic manifestations of bile acid synthesis disorders (i.e., neurologic symptoms)
- ☐ Medication will be used as adjunctive treatment of peroxisomal disorders (PDs)
- ☐ Assessment of liver function (AST, ALT, & bilirubin) has been performed initially and will be performed with each renewal (**submit lab results**)
- ☐ Member will **NOT** be on concomitant therapy with Bile Salt Efflux Pump (BSEP) Inhibitors (e.g., cyclosporine), or if therapy is unavoidable, member will be monitored closely for adverse reactions

**Reauthorization: 12 months.** Check below all that apply. All criteria must be checked for approval. To support each line checked, all documentation (lab results, diagnostics, and/or chart notes) must be provided or request may be denied.

- ☐ All initial authorization criteria continues to be met
- ☐ Member has experienced disease response as indicated by **ALL** of the following:
  - ☐ Reduction in ALT or AST to less than 50 U/L, or an 80% reduction from baseline
  - ☐ Reduction in total bilirubin to 1 mg/dL or less
  - ☐ Reduction in steatorrhea and/or jaundice
  - ☐ Body weight increased by 10% or remains stable at greater than the 50th percentile
  - ☐ Member has **NOT** developed cholestasis
- ☐ Member has **NOT** experienced unacceptable toxicity from the drug (e.g., exacerbation of liver impairment)

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(Please ensure signature page is attached to form.)

Medication being provided by Specialty Pharmacy - PropriumRx

***\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\****

***\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\****

Member Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 7/21/2022

REVISED/UPDATED: 8/10/2022