

Dry Hydrotherapy

Table of Content

[Purpose](#)
[Description & Definitions](#)
[Criteria](#)
[Coding](#)
[Document History](#)
[References](#)
[Special Notes](#)
[Keywords](#)

[Effective Date](#) 2/2012
[Next Review Date](#) 3/12/2024
[Coverage Policy](#) Medical 267
[Version](#) 5

Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details ^{*}.

Purpose:

This policy addresses the medical necessity of - Dry Hydrotherapy.

Description & Definitions:

Dry Hydrotherapy self-contained device such as a table or chair that combine massage, water and heat to apply using a water mattress that patient lies on.

Criteria:

Dry Hydrotherapy is considered not medically necessary for any indication.

Coding:

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
97039	Unlisted modality (specify type and time if constant attendance)

U.S. Food and Drug Administration (FDA) - approved only products only.

Document History:

Revised Dates:

- 2021: May
- 2020: January
- 2016: April

- 2015: November, December
- 2014: January
- 2013: April, October

Reviewed Dates:

- 2024: March
- 2023: March
- 2022: April
- 2020: May
- 2018: November
- 2017: December
- 2016: January
- 2015: January
- 2013: January

Effective Date:

- February 2012

References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

CFR – U.S. Department of Health & Human Services. U.S. Food and Drug Administration. Code of Federal Regulations Title 21, TITLE 21--FOOD AND DRUGS, CHAPTER I--FOOD AND DRUG ADMINISTRATION, DEPARTMENT OF HEALTH AND HUMAN SERVICES, SUBCHAPTER H - MEDICAL DEVICES , PART 890 -- PHYSICAL MEDICINE DEVICES, Subpart F - Physical Medicine Therapeutic Devices. (12/22/23). Retrieved 2.16.2024. <https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfcfr/cfrsearch.cfm?fr=890.5100>

Hayes. A symplar company. Retrieved 2.16.24.

https://evidence.hayesinc.com/search?q=%257B%2522text%2522:%2522dry%2520hydrotherapy%2522,%2522title%2522:null,%2522termsource%2522:%2522searchbar%2522,%2522page%2522:%257B%2522page%2522:0,%2522size%2522:50%257D,%2522type%2522:%2522all%2522,%2522sources%2522:%255B%2522*%2522%255D,%2522sorts%2522:%255B%257B%2522field%2522:%2522_score%2522,%2522direction%2522:%2522desc%2522%257D%255D,%2522filters%2522:%255B%255D%257D

MCG . Informed Care Strategies. NCD Fluidized Therapy Dry Heat for Certain Musculoskeletal Disorders (150.8) Version 1. 2023. Retrieved 2.16.24. <https://careweb.careguidelines.com/ed27/index.html>

Centers for Medicare & Medicaid Services. CMS.gov. Fluidized Therapy Dry Heat for Certain Musculoskeletal Disorders. 150.8. 1.1.96. Retrieved 2.16.24. <https://www.cms.gov/medicare-coverage-database/view/ncd.aspx?NCDId=76&NCDver=1>

Commonwealth of Virginia. Department of Medical Assistance Services. Provider Manual Title: Rehabilitation. Revision Date: 12/29/2023 Chapter IV: Covered Services and Limitations. Retrieved 2.16.24. <https://vamedicaid.dmas.virginia.gov/sites/default/files/2023-12/Rehab%20Manual%20Chapter%20IV%20-%20Updated%2012.29.23.pdf>

National Comprehensive Cancer Network. NCCN.org. Retrieved 2.16.24. <https://www.nccn.org/search-result?indexCatalogue=nccn-search-index&searchQuery=dry%20hydrotherapy>

Carelon Medical Benefits Management clinical appropriateness guidelines and cancer treatment pathways. Physical Occupational and Speech Therapies 2023-04-09. Retrieved 2.16.24. <https://guidelines.carelonmedicalbenefitsmanagement.com/pt-ot-speech-2023-04-09/?highlight=hydrotherapy&hilite=hydrotherapy>

VanGilder, C., & Lachenbruch, C. A. (2010). Air-fluidized therapy: physical properties and clinical uses. *Annals of plastic surgery*, 65(3), 364–370. Retrieved 2.19.2024. <https://doi.org/10.1097/SAP.0b013e3181cd3d73>.

Cobb, C. What is hydromassage, and what are the benefits. *Medical News Today*. 9.21.23. Retrieved 2.19.24. <https://www.medicalnewstoday.com/articles/hydromassage>

Special Notes: *

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment, and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving, and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

Services mean both medical and behavioral health (mental health) services and supplies unless We specifically tell You otherwise. We do not cover any services that are not listed in the Covered Services section unless required to be covered under state or federal laws and regulations. We do not cover any services that are not Medically Necessary. We sometimes give examples of specific services that are not covered but that does not mean that other similar services are covered. Some services are covered only if We authorize them. When We say You or Your We mean You and any of Your family members covered under the Plan. Call Member Services if You have questions.

Keywords:

SHP Dry Hydrotherapy Massage for Treating Obesity, shp medical 32, obese, severely overweight, Aquamassage, Hydromassage, SHP Medical 267, wet therapy, physical therapy for treating obesity, , AquaMed, Aqua Massage, H2OMassage System