Sentara® Health Plans

SENTARA COMMUNITY COMPLETE (HMO D-SNP) STEP THERAPY CRITERIA

(01/01/2027 – 01/31/2027)

Certain covered drugs may have additional requirements or limitations regarding coverage. We have made available documentation that outlines our criteria for Step Therapy requirements.

PLEASE READ: This document contains information about some of the drugs we cover in this plan.

The Step Therapy Criteria was updated on 10/05/2026

ANTICOAGULANTS

Products Affected

Step 1:

- ELIQUIS 0.5 MG TABLET FOR ORAL SUSPENSION
- ELIQUIS 1.5 MG (0.5 MG X 3) TABLET FOR ORAL SUSPENSION
- ELIQUIS 2 MG (0.5 MG X 4) TABLET FOR ORAL SUSPENSION
- ELIQUIS 2.5 MG TABLET
- ELIQUIS 5 MG TABLET
- ELIQUIS DVT-PE TREATMENT 30-DAY STARTER 5 MG (74 TABLETS) IN DOSE PACK
- ELIQUIS SPRINKLE 0.15 MG CAPSULE

Step 2:

- *rivaroxaban 2.5 mg tablet*

Details

Criteria	1. If the member has tried one Step 1 product, approve a Step 2 product. 2. If the member is requesting rivaroxaban for thromboprophylaxis in a member with congenital heart disease who has undergone the Fontan procedure, approve rivaroxaban without a trial of a Step 1 product. 3. If the member is requesting rivaroxaban for prophylaxis of VTE in an acutely ill medical patient, approve rivaroxaban without a trial of a Step 1 product. 4. If the member is requesting rivaroxaban 2.5 mg tablets for coronary artery disease or peripheral artery disease, approve rivaroxaban without a trial of a Step 1 product. 5. If the member is currently receiving rivaroxaban, approve rivaroxaban without a trial of a Step 1 product.

ANTIDEPRESSANTS

Products Affected

Step 1:

- *bupropion hcl 100 mg tablet*
- *bupropion hcl 75 mg tablet*
- *bupropion hcl sr 100 mg tablet,12 hr sustained-release*
- *bupropion hcl sr 150 mg tablet,12 hr sustained-release*
- *bupropion hcl sr 200 mg tablet,12 hr sustained-release*
- *bupropion hcl xl 150 mg 24 hr tablet, extended release*
- *bupropion hcl xl 300 mg 24 hr tablet, extended release*
- *citalopram 10 mg tablet*
- *citalopram 20 mg tablet*
- *citalopram 40 mg tablet*
- *desvenlafaxine succinate er 100 mg tablet,extended release 24 hr*
- *desvenlafaxine succinate er 25 mg tablet,extended release 24 hr*
- *desvenlafaxine succinate er 50 mg tablet,extended release 24 hr*
- *duloxetine 20 mg capsule,delayed release*
- *duloxetine 30 mg capsule,delayed release*
- *duloxetine 60 mg capsule,delayed release*
- *escitalopram 10 mg tablet*
- *escitalopram 20 mg tablet*
- *escitalopram 5 mg tablet*
- *fluoxetine 10 mg capsule*
- *fluoxetine 20 mg capsule*
- *fluoxetine 40 mg capsule*
- *mirtazapine 15 mg disintegrating tablet*
- *mirtazapine 15 mg tablet*
- *mirtazapine 30 mg disintegrating tablet*
- *mirtazapine 30 mg tablet*
- *mirtazapine 45 mg disintegrating tablet*
- *mirtazapine 45 mg tablet*
- *mirtazapine 7.5 mg tablet*
- *paroxetine 10 mg tablet*
- *paroxetine 20 mg tablet*
- *paroxetine 30 mg tablet*
- *paroxetine 40 mg tablet*
- *sertraline 100 mg tablet*
- *sertraline 25 mg tablet*
- *sertraline 50 mg tablet*
- *trazodone 100 mg tablet*
- *trazodone 150 mg tablet*
- *trazodone 300 mg tablet*
- *trazodone 50 mg tablet*
- *venlafaxine 100 mg tablet*
- *venlafaxine 25 mg tablet*
- *venlafaxine 37.5 mg tablet*
- *venlafaxine 50 mg tablet*
- *venlafaxine 75 mg tablet*
- *venlafaxine er 150 mg capsule,extended release 24 hr*
- *venlafaxine er 37.5 mg capsule,extended release 24 hr*
- *venlafaxine er 75 mg capsule,extended release 24 hr*

Step 2:

- *citalopram 10 mg/5 ml oral solution*
- *escitalopram 5 mg/5 ml oral solution*
- *fluoxetine 20 mg/5 ml (4 mg/ml) oral solution*
- *fluvoxamine 100 mg tablet*
- *fluvoxamine 25 mg tablet*
- *fluvoxamine 50 mg tablet*
- *nefazodone 100 mg tablet*
- *nefazodone 150 mg tablet*
- *nefazodone 200 mg tablet*
- *nefazodone 250 mg tablet*
- *nefazodone 50 mg tablet*
- *paroxetine 10 mg/5 ml oral suspension*
- *paroxetine er 12.5 mg tablet,extended release 24 hr*
- *paroxetine er 25 mg tablet,extended release 24 hr*
- *paroxetine er 37.5 mg tablet,extended release 24 hr*
- *sertraline 20 mg/ml oral concentrate*
- *vilazodone 10 mg tablet*

- *vilazodone 20 mg tablet*
- *vilazodone 40 mg tablet*

Details

Criteria	Pending CMS Review

ATYPICAL ANTIPSYCHOTICS

Products Affected

Step 1:

- *aripiprazole 10 mg tablet*
- *aripiprazole 15 mg tablet*
- *aripiprazole 2 mg tablet*
- *aripiprazole 20 mg tablet*
- *aripiprazole 30 mg tablet*
- *aripiprazole 5 mg tablet*
- *lurasidone 120 mg tablet*
- *lurasidone 20 mg tablet*
- *lurasidone 40 mg tablet*
- *lurasidone 60 mg tablet*
- *lurasidone 80 mg tablet*
- *olanzapine 10 mg disintegrating tablet*
- *olanzapine 10 mg tablet*
- *olanzapine 15 mg disintegrating tablet*
- *olanzapine 15 mg tablet*
- *olanzapine 2.5 mg tablet*
- *olanzapine 20 mg disintegrating tablet*
- *olanzapine 20 mg tablet*
- *olanzapine 5 mg disintegrating tablet*
- *olanzapine 5 mg tablet*
- *olanzapine 7.5 mg tablet*
- *quetiapine 100 mg tablet*
- *quetiapine 200 mg tablet*
- *quetiapine 25 mg tablet*
- *quetiapine 300 mg tablet*
- *quetiapine 400 mg tablet*
- *quetiapine 50 mg tablet*
- *quetiapine er 150 mg tablet,extended release 24 hr*
- *quetiapine er 200 mg tablet,extended release 24 hr*
- *quetiapine er 300 mg tablet,extended release 24 hr*
- *quetiapine er 400 mg tablet,extended release 24 hr*
- *quetiapine er 50 mg tablet,extended release 24 hr*
- *risperidone 0.25 mg tablet*
- *risperidone 0.5 mg tablet*
- *risperidone 1 mg tablet*
- *risperidone 1 mg/ml oral solution*
- *risperidone 2 mg tablet*
- *risperidone 3 mg tablet*
- *risperidone 4 mg tablet*
- *ziprasidone 20 mg capsule*
- *ziprasidone 40 mg capsule*
- *ziprasidone 60 mg capsule*
- *ziprasidone 80 mg capsule*

Step 2:

- *aripiprazole 1 mg/ml oral solution*
- *aripiprazole 10 mg disintegrating tablet*
- *aripiprazole 15 mg disintegrating tablet*
- *paliperidone er 1.5 mg tablet,extended release 24 hr*
- *paliperidone er 3 mg tablet,extended release 24 hr*
- *paliperidone er 6 mg tablet,extended release 24 hr*
- *paliperidone er 9 mg tablet,extended release 24 hr*
- *risperidone 0.25 mg disintegrating tablet*
- *risperidone 0.5 mg disintegrating tablet*
- *risperidone 1 mg disintegrating tablet*
- *risperidone 2 mg disintegrating tablet*
- *risperidone 3 mg disintegrating tablet*
- *risperidone 4 mg disintegrating tablet*

Details

Criteria	1. If the member has tried two Step 1 products labeled for the same indication, approve the requested Step 2 product.

CONSTIPATION AGENTS

Products Affected

Step 1:

- *lubiprostone 24 mcg capsule*
- *lubiprostone 8 mcg capsule*

Step 2:

- LINZESS 145 MCG CAPSULE
- LINZESS 290 MCG CAPSULE
- LINZESS 72 MCG CAPSULE

Details

Criteria	Pending CMS Review

DAPAGLIFLOZIN

Products Affected

Step 1:

- DAPAGLIFLOZIN 10 MG TABLET
- DAPAGLIFLOZIN 5 MG TABLET

Step 2:

- FARXIGA 10 MG TABLET
- FARXIGA 5 MG TABLET

Details

Criteria	Pending CMS Review

MIRABEGRON

Products Affected

Step 1:

- *oxybutynin chloride er 10 mg tablet,extended release 24 hr*
- *oxybutynin chloride er 15 mg tablet,extended release 24 hr*
- *oxybutynin chloride er 5 mg tablet,extended release 24 hr*
- *solifenacin 10 mg tablet*
- *solifenacin 5 mg tablet*
- *tolterodine er 2 mg capsule,extended release 24 hr*
- *tolterodine er 4 mg capsule,extended release 24 hr*

Step 2:

- *mirabegron er 25 mg tablet,extended release 24 hr*
- *mirabegron er 50 mg tablet,extended release 24 hr*

Details

Criteria	1. If the member has tried two or more Step 1 products, approve a Step 2 product.

OPHTHALMIC PROSTAGLANDINS

Products Affected

Step 1:

- *latanoprost 0.005 % eye drops*

Step 2:

- *bimatoprost 0.01 % eye drops*
- *travoprost 0.004 % eye drops*

Details

Criteria	Approve if the member has tried latanoprost or if the member has a significant intolerance or contraindication to latanoprost.

OVERACTIVE BLADDER AGENTS

Products Affected

Step 1:

- *oxybutynin chloride er 10 mg tablet,extended release 24 hr*
- *oxybutynin chloride er 15 mg tablet,extended release 24 hr*
- *oxybutynin chloride er 5 mg tablet,extended release 24 hr*
- *solifenacin 10 mg tablet*
- *solifenacin 5 mg tablet*

Step 2:

- *tolterodine er 2 mg capsule,extended release 24 hr*
- *tolterodine er 4 mg capsule,extended release 24 hr*

Details

Criteria	1. If the member has tried one Step 1 product, approve a Step 2 product.

SGLT2 INHIBITORS

Products Affected

Step 1:

- DAPAGLIFLOZIN 10 MG TABLET
- DAPAGLIFLOZIN 5 MG TABLET

Step 2:

- JARDIANCE 10 MG TABLET
- JARDIANCE 25 MG TABLET

Details

Criteria	Pending CMS Review

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