

# OPTIMA HEALTH PLAN

## PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; fax to **1-800-750-9692**. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. **If information provided is not complete, correct, or legible, authorization can be delayed.**

**Drug Requested:** Vyvanse® (lisdexamfetamine) for **BINGE EATING DISORDER (BED)**

**DRUG INFORMATION:** Authorization may be delayed if incomplete.

**Drug Form/Strength/Quantity:** \_\_\_\_\_

**Dosing Schedule:** \_\_\_\_\_ **Length of Therapy:** \_\_\_\_\_

**Diagnosis:** \_\_\_\_\_ **ICD Code:** \_\_\_\_\_

**Recommended dose is 30 mg/day. Maximum dose is 70mg/day.**

**CLINICAL CRITERIA/DIAGNOSIS:** Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied. Check box below for the Diagnosis that applies.

Patient eats in a set amount of time an amount of food that is definitely larger than what most people would eat in that same amount of time.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient has a sense of lack of control over eating.	<input type="checkbox"/> Yes	<input type="checkbox"/> No
<b>Patient's binge eating episodes are associated with <u>3 OR MORE</u> of the following:</b> <ul style="list-style-type: none"><li><input type="checkbox"/> Eating much more rapidly than normal</li><li><input type="checkbox"/> Eating until feeling uncomfortably full</li><li><input type="checkbox"/> Eating large amounts of food when not feeling physically hungry</li><li><input type="checkbox"/> Eating alone because of embarrassment over how much one is eating</li><li><input type="checkbox"/> Feeling disgusted, guilty, or depressed afterward</li></ul>	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient has marked distress regarding the presence of binge eating	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient's binge eating occurs, on average, at least once a week for 3 months	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient's binge eating is associated with the use of inappropriate compensatory mechanisms	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Patient is diagnosed with bulimia nervosa or anorexia nervosa	<input type="checkbox"/> Yes	<input type="checkbox"/> No

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Please provide member's height, weight, and BMI:	Ht: _____ Wt: _____ BMI: _____
Please provide the number of binge eating days/week that member experiences:	# of Binge Eating Days/Week: _____
Patient is currently receiving psychotherapy from a behavioral health clinician	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>**CHART NOTES DOCUMENTING THAT THE MEMBER MEETS <u>ALL DSM CRITERIA</u> AND IS <u>RECEIVING PSYCHOTHERAPY</u> <u>MUST</u> BE SUBMITTED FOR APPROVAL**</b>	<input type="checkbox"/> Chart Notes Attached

*Not all drugs may be covered under every Plan*

*If a drug is non-formulary on a Plan, documentation of medical necessity will be required.*

***\*\*Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.\*\****

***\*Previous therapies will be verified through pharmacy paid claims or submitted chart notes.\****

Patient Name: \_\_\_\_\_

Member Optima #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Prescriber Name: \_\_\_\_\_

Prescriber Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Office Contact Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Fax Number: \_\_\_\_\_

DEA OR NPI #: \_\_\_\_\_

\*Approved by Pharmacy and Therapeutics Committee: 4/16/2015

REVISED/UPDATED: 10/9/2015; 12/29/2015; 12/20/2016; 8/20/2017; (Reformatted) 6/18/2019; 10/11/2021