



## **Sentara Health Plans Medical and Clinical Policy Updates**

**Effective September 1, 2026**

Sentara Health Plans would like to notify you of the following medical policy updates made since the last version of **Provider News**.

You can access all current Sentara Health Plans medical policies at [sentarahealthplans.com](https://sentarahealthplans.com).

You can link directly to Sentara Health Plans current Prior Authorization List (PAL) at [pal.sentarahealthplans.com](https://pal.sentarahealthplans.com).

For the most current, comprehensive review of the proceedings from Sentara Health Plans' pharmacy and therapeutics committee, please view the [Quarterly Pharmacy Changes](#) to see Formulary and Authorization updates.

### **Medical Policies**

The Medical Policy Committee (MPC) approved the following Medical Policies applicable to Sentara Health Plans. These medical policies take effect September 1, 2026.

<b>Policy Number</b>	<b>Policy Name</b>	<b>Status</b>	<b>Applicable Service Lines</b>
Surgical 10	Breast Procedures	Reviewed	Commercial
Surgical 73	Skin and Tissue Substitutes	Reviewed	Commercial
Behavioral Health, 33	23-Hour Crisis Stabilization	Reviewed	Medicaid
Behavioral Health, 34	Residential Crisis Stabilization Unit	Reviewed	Medicaid
Behavioral Health 41	Addiction and Recovery Treatment Services (ARTS) Family Support Services	Reviewed	Medicaid
Behavioral Health, 40	Addiction and Recovery Treatment Services (ARTS) Peer Support Services	Reviewed	Medicaid
Medical 316	Chemotherapy and Supportive Care	Reviewed	Commercial, Medicaid, and Medicare
Behavioral Health, 30	Mental Health Partial Hospitalization Program (MH-PMP)	Reviewed	Medicaid
Behavioral Health, 32	Mobile Crisis Response, BH 31 and Community Stabilization	Reviewed	Medicaid
Medical 343	Wound Treatment and Care Supplies	Revised	Commercial and Medicaid
Surgical 09	Dermatologic Conditions	Archived	Commercial and Medicaid
Medical 297	Fetal Magnetic Cardiac Signal	Archived	Commercial, Medicaid, and Medicare

Surgical 20	Hearing Aids, Implants, and Wearable Devices	Revised	Commercial and Medicaid
Surgical 18	Surgical Treatment for Obstructive Sleep Apnea (OSA)	Revised	Commercial and Medicaid
DME 10	Continuous Glucose Monitoring System	Archived	Commercial and Medicaid
DME 11	External Insulin Infusion Pump	Archived	Commercial and Medicaid
Medical 352	Diabetes Management	Revised	Commercial and Medicaid
DME 249	Scalp Cooling for the Prevention of Chemotherapy	Archived	Commercial, Medicaid and Medicare
Medical 324	Vision Therapy for Convergence Insufficiency	Archived	Commercial, Medicaid and Medicare
Evolent	Clinical Guideline 7272 for Coronary Artery Calcium Scoring by Electron Beam Computerd Tomography (EBCT) or Non-Contrast Coronary Computed Tomography (CCT)	Criteria Updated	Commercial, Medicaid and Medicare