



**Retiree (15-19 Years of Service) Monthly Premiums**  
**Effective January 1, 2026**

**Sentara Health Plans**

<b>PPO</b>	<b>Total Premium</b>	<b>Employer</b>	<b>Retiree Monthly</b>
Retiree Only	\$ 836.00	\$ -	\$ 836.00
Retiree & Spouse	\$ 1,839.00	\$ -	\$ 1,839.00
Retiree & Child	\$ 1,254.00	\$ -	\$ 1,254.00
Retiree & Children	\$ 1,588.00	\$ -	\$ 1,588.00
Family	\$ 2,591.00	\$ -	\$ 2,591.00

<b>POS</b>	<b>Total Premium</b>	<b>Employer</b>	<b>Retiree Monthly</b>
Retiree Only	\$ 849.00	\$ -	\$ 849.00
Retiree & Spouse	\$ 1,868.00	\$ -	\$ 1,868.00
Retiree & Child	\$ 1,274.00	\$ -	\$ 1,274.00
Retiree & Children	\$ 1,613.00	\$ -	\$ 1,613.00
Family	\$ 2,632.00	\$ -	\$ 2,632.00

<b>HMO</b>	<b>Total Premium</b>	<b>Employer</b>	<b>Retiree Monthly</b>
Retiree Only	\$ 842.00	\$ -	\$ 842.00
Retiree & Spouse	\$ 1,853.00	\$ -	\$ 1,853.00
Retiree & Child	\$ 1,264.00	\$ -	\$ 1,264.00
Retiree & Children	\$ 1,601.00	\$ -	\$ 1,601.00
Family	\$ 2,611.00	\$ -	\$ 2,611.00

<b>CDHP</b>	<b>Total Premium</b>	<b>Employer</b>	<b>Retiree Monthly</b>
Retiree Only	\$ 795.00	\$ -	\$ 795.00
Retiree & Spouse	\$ 1,748.00	\$ -	\$ 1,748.00
Retiree & Child	\$ 1,192.00	\$ -	\$ 1,192.00
Retiree & Children	\$ 1,510.00	\$ -	\$ 1,510.00
Family	\$ 2,464.00	\$ -	\$ 2,464.00

**Anthem Dental**

<b>Basic</b>	<b>Total Premium</b>	<b>Employer</b>	<b>Retiree Monthly</b>
Retiree Only	\$ 30.60	\$ -	\$ 30.60
Retiree & Spouse	\$ 62.40	\$ -	\$ 62.40
Retiree & Children	\$ 79.52	\$ -	\$ 79.52
Family	\$ 117.60	\$ -	\$ 117.60

<b>Enhanced</b>	<b>Total Premium</b>	<b>Employer</b>	<b>Retiree Monthly</b>
Retiree Only	\$ 38.48	\$ -	\$ 38.48
Retiree & Spouse	\$ 78.48	\$ -	\$ 78.48
Retiree & Children	\$ 100.04	\$ -	\$ 100.04
Family	\$ 147.96	\$ -	\$ 147.96

**Davis Vision**

<b>Basic</b>	<b>Employee Monthly</b>
Employee Only	\$ 4.64
Employee & Spouse	\$ 8.16
Employee & Children	\$ 9.28
Family	\$ 13.44

<b>Enhanced</b>	<b>Employee Monthly</b>
Employee Only	\$ 5.40
Employee & Spouse	\$ 9.48
Employee & Children	\$ 10.76
Family	\$ 15.64