

SHP Lumbar Disc Arthroplasty

AUTH: SHP Surgical 124 (AC)

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Coverage

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See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.

Application to Products

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Policy is applicable to all products.

Authorization Requirements

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Pre-certification by the Plan is required.

Description of Item or Service

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Lumbar disk arthroplasty is a surgery that involves replacement of worn or degenerated disk in the lower part of the spine with an artificial disk, made of metal or a combination of plastic and metal.

Exceptions and Limitations

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There is insufficient scientific evidence to support the medical necessity of Lumbar Disc Arthroplasty including Facet joint implantation (Total Posterior-element System (TOPS) (Premia Spine), Total Facet Arthroplasty System (TFAS) (Archus Orthopedics) and ACADIA Facet Replacement System (Facet Solutions/Globus Medical) as they are not shown to improve health outcomes upon technology review.

Clinical Indications for Procedure

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- NA

Document History

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- Revised Dates:
- Reviewed Dates:
- Effective Date: November 2022

Coding Information

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- CPT/HCPCS codes covered if policy criteria is met:
 - None
- CPT/HCPCS codes considered not medically necessary per this Policy:
 - CPT 0163T - Total disc arthroplasty (artificial disc), anterior approach, including discectomy to prepare interspace (other than for decompression), each additional interspace, lumbar (List separately in addition to code for primary procedure)
 - CPT 0165T - Revision including replacement of total disc arthroplasty (artificial disc), anterior approach, each additional interspace, lumbar (List separately in addition to code for primary procedure)
 - CPT 0202T - Posterior vertebral joint(s) arthroplasty (eg, facet joint[s] replacement), including facetectomy, laminectomy, foraminotomy, and vertebral column fixation, injection of bone cement, when performed, including fluoroscopy, single level, lumbar spine
 - CPT 22857 - Total disc arthroplasty (artificial disc), anterior approach, including discectomy to prepare interspace (other than for decompression), single interspace, lumbar
 - CPT 22862 - Revision including replacement of total disc arthroplasty (artificial disc), anterior approach, single interspace; lumbar

References

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Codes

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