

*This content has been created to supplement the MCG care guidelines. MCG Health has neither reviewed nor approved the modified material.*

## SHP Home Music Therapy

ORG\_OTG: SHP Behavioral Health 38 v1 (BHG)

**MCG Health**  
Behavioral Health Guidelines  
26th Edition

[Link to Codes](#)

- [Coverage](#)
- [Application to Products](#)
- [Authorization Requirements](#)
- [Description of Item or Service](#)
- [Exceptions and Limitations](#)
- [Clinical Indications for Procedure](#)
- [Document History](#)
- [Coding Information](#)
- [References](#)
- [Codes](#)

### Coverage

[Return to top of SHP Home Music Therapy - BHG](#)

See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.

### Application to Products

[Return to top of SHP Home Music Therapy - BHG](#)

Policy is applicable to all products.

### Authorization Requirements

[Return to top of SHP Home Music Therapy - BHG](#)

Pre-certification by the Plan is required.

### Description of Item or Service

[Return to top of SHP Home Music Therapy - BHG](#)

Music Therapy is an activity incorporated into the care and treatment of patient's disabling mental health problems using music.

### Exceptions and Limitations

[Return to top of SHP Home Music Therapy - BHG](#)

There is insufficient scientific evidence to support the medical necessity of this service as it is not shown to improve health outcomes upon technology review.

### Clinical Indications for Procedure

[Return to top of SHP Home Music Therapy - BHG](#)

- NA

### Document History

[Return to top of SHP Home Music Therapy - BHG](#)

- Revised Dates:
- Reviewed Dates:
  - 2022: October
- Effective Date: December 2021

### Coding Information

[Return to top of SHP Home Music Therapy - BHG](#)

- CPT/HCPCS codes covered if policy criteria is met:
  - None
- CPT/HCPCS codes considered not medically necessary per this Policy:
  - HCPCS G0176 - Activity therapy, such as music, dance, art or play therapies not for recreation, related to the care and treatment of patient's disabling mental health problems, per session (45 minutes or more)

### References

[Return to top of SHP Home Music Therapy - BHG](#)

References used include but are not limited to the following:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; Uptodate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

Behavioral health professionals are involved in the decision-making process for behavioral healthcare services.

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## Codes

[Return to top of SHP Home Music Therapy - BHG](#)

**HCPCS: G0176**

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