

## Sensory - Weighted Vest

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**Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details.**

### Purpose:

This policy addresses - Sensory - Weighted Vest

### Description & Definitions:

Sensory-Weight Vest is a wearable garment with the capability of holding weight, typically a vest with sewn internal pockets where small ½ or ¼ pound weights can be placed. The weight and compression delivered by the vest provides proprioceptive input using deep pressure to the muscles and joints which sends signals to the brain helping a person feel calm and focused.

### Criteria:

A sensory-weighted vest is considered medically necessary for **all of the following**:

- Individual has a diagnosis of *Autism Spectrum disorder or Sensory Processing Disorder*
- Professional evaluation has been done by **1 or more** of the following:
  - Physical Therapist
  - Occupational Therapist
  - Psychologist

Sensory - Weighted Vest is considered not medically necessary for any use other than those indicated in clinical criteria.

### Coding:

Medically necessary with criteria:

Coding	Description
A9900	Miscellaneous DME supply, accessory, and/or service component of another HCPCS code

Considered Not Medically Necessary:

Coding	Description
	None

U.S. Food and Drug Administration (FDA) - approved only products only.

### Document History:

Revised Dates:

- 2023: July
- 2023: June
- 2022: June

Reviewed Dates:

Effective Date:

- July 2021

### References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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### Special Notes: \*

This medical policy expresses Sentara Health Plan's determination of medical necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

### Keywords:

SHP Sensory – Weighted Vest, SHP Behavioral Health 27, deep-pressure sensory input, Weighted vest, Bear Hug vest, Weighted Compression Vest, Weighted Sensory Vests, Wonder Vests