



## OUTPATIENT LACTATION CONSULTS

Sentara Leigh Hospital is proud to partner with you to provide the personalized, expert lactation support you deserve.

Whether lactation comes easily for you or not, we know a strong support system will help you meet your feeding goals.

Outpatient lactation consults provide you:

- Access to International Board Certified Lactation Consultants (IBCLC)
- Confidence to breastfeed successfully
- Support to address all aspects of feeding such as latching, milk supply, and more

**EXPERT LACTATION  
SUPPORT IS A CALL OR  
CLICK AWAY**

Open scheduling available.

To request an appointment, call 757-261-6068 or visit [SentaraLeighMaternity.com](https://www.SentaraLeighMaternity.com) using the QR Code below.



*Your insurance will be billed for the consult. Please verify that you have outpatient lactation coverage.*