

OPTIMA HEALTH PLAN

PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST*

Directions: The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; **fax to 1-800-750-9692**. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. **If the information provided is not complete, correct, or legible, the authorization process may be delayed.**

Drug Requested: Stelara® SQ (ustekinumab) For PsA & PsO (Pharmacy) (Preferred)

DRUG INFORMATION: Authorization may be delayed if incomplete.

Drug Form/Strength: _____

Dosing Schedule: _____ **Length of Therapy:** _____

Diagnosis: _____ **ICD Code, if applicable:** _____

Member's Weight: _____ kg **Weight (within last 30 days):** _____

CLINICAL CRITERIA: Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied. **Check the diagnosis below that applies.**

☐ **Diagnosis: Active Psoriatic Arthritis**

Dosing: SubQ: 45 mg at 0 and 4 weeks; then every 12 weeks thereafter. **NOTE:** When used for psoriatic arthritis, may be administered alone or in combination with methotrexate.

Coexistent psoriatic arthritis and moderate-to-severe plaque psoriasis in member's >100 kg: Initial and maintenance: 90 mg at 0 and 4 weeks; then every 12 weeks thereafter.

- ☐ Member is ≥ 6 years old and has a diagnosis of active **psoriatic arthritis**
- ☐ Prescribed by or in consultation with a **Rheumatologist**
- ☐ Member tried and failed at least **one DMARD** for at least **three (3) months** (check each tried below):

<input type="checkbox"/> methotrexate	<input type="checkbox"/> azathioprine	<input type="checkbox"/> hydroxychloroquine
<input type="checkbox"/> sulfasalazine	<input type="checkbox"/> leflunomide	<input type="checkbox"/> auranofin
<input type="checkbox"/> Other: _____		

☐ **Diagnosis: Moderate-to-Severe Plaque Psoriasis**

Dosing: SubQ: ≤ 100 kg: 45 mg at 0 and 4 weeks; then every 12 weeks thereafter. >100 kg: 90 mg at 0 and 4 weeks; then every 12 weeks thereafter. **NOTE:** Doses of 45 mg given to patient's >100 kg were also efficacious; however, 90 mg is the recommended dose in these patients due to greater efficacy

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- ☐ Member is ≥ 6 years old and has a diagnosis of moderate-to-severe **plaque psoriasis**
- ☐ Prescribed by or in consultation with a **Dermatologist**
- ☐ Member tried and failed at least **ONE (1)** of either **Phototherapy** or **Alternative Systemic Therapy** for at least **three (3) months** (check each tried below):

<input type="checkbox"/> <u>Phototherapy:</u> <ul style="list-style-type: none"><input type="checkbox"/> UV Light Therapy<ul style="list-style-type: none"><input type="checkbox"/> NB UV-B<input type="checkbox"/> PUVA	<input type="checkbox"/> <u>Alternative Systemic Therapy:</u> <ul style="list-style-type: none"><input type="checkbox"/> Oral Medications<ul style="list-style-type: none"><input type="checkbox"/> acitretin<input type="checkbox"/> methotrexate<input type="checkbox"/> cyclosporine
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Medication being provided by a Specialty Pharmacy - PropriumRx

*****Use of samples to initiate therapy does not meet step edit/ preauthorization criteria.*****

****Previous therapies will be verified through pharmacy paid claims or submitted chart notes.****

Member Name: _____

Member Optima #: _____ Date of Birth: _____

Prescriber Name: _____

Prescriber Signature: _____ Date: _____

Office Contact Name: _____

Phone Number: _____ Fax Number: _____

DEA OR NPI #: _____

*Approved by Pharmacy and Therapeutics Committee: 1/21/2010; 7/22/2016; 9/16/2022

REVISED/UPDATED: 10/28/2014; 12/2/2014; 1/15/2015; 5/22/2015; 12/29/2015; 7/22/2016; 8/11/2016; 9/22/2016; 12/16/2016; 1/31/2017; 7/24/2017; 9/1/2017; 10/10/2017; 12/16/2017; 3/31/2018; 11/23/2018 (Reformatted) 9/18/2019; 11/20/2019; 3/31/2020; 10/4/2022; 12/30/2022;