

# Erector Spinae Plane Block, Medical 332

Table of Content
<a href="#">Purpose</a>
<a href="#">Description &amp; Definitions</a>
<a href="#">Criteria</a>
<a href="#">Coding</a>
<a href="#">Document History</a>
<a href="#">References</a>
<a href="#">Special Notes</a>
<a href="#">Keywords</a>

<u>Effective Date</u>	3/2022
<u>Next Review Date</u>	2/2025
<u>Coverage Policy</u>	Medical 332
<u>Version</u>	4

**Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual’s benefit plan for details.**

### Purpose:

This policy addresses the medical necessity of - Erector Spinae Plane Block.

### Description & Definitions:

Erector Spinae Plane Block uses ultrasound to inject local anesthetic into muscle group (m. spinalis, m. longissimus thoracis and m. ileocostalis) for the erector spinae causing a sensory by blocking spinal nerves reducing the need post op opioids.

### Criteria:

Erector Spinae Plane Block is considered not medically necessary for any indication.

### Coding:

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
64999	Unlisted procedure, nervous system

U.S. Food and Drug Administration (FDA) - approved only products only.

### Document History:

Revised Dates:

Reviewed Dates:

- 2024: February

- 2023: February

- 2022: September

Effective Date:

- March 2022

## References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

(2023, Sep 21). Retrieved Jan 25, 2024, from MCG: <https://careweb.careguidelines.com/ed27/index.html>

(2024). Retrieved Jan 29, 2024, from Centers for Medicare and Medicaid Services:

<https://www.cms.gov/medicare-coverage-database/search-results.aspx?keyword=Erector+Spinae&keywordType=starts&areald=s53&docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&contractOption=all>

*Clinical Guidelines*. (2024). Retrieved Jan 29, 2024, from American Academy of Pain Medicine:

<https://painmed.org/clinical-guidelines/>

*Erector Spinae Plane Block for Management of Chronic Thoracic Pain*. (2021, Apr 30). Retrieved Jan 19, 2024, from Hayes - a symplr company: <https://evidence.hayesinc.com/report/earb.erector5153>

Forero, M. (2023, Nov 09). *Erector spinae plane block procedure guide*. Retrieved Jan 25, 2024, from UpToDate:

[https://www.uptodate.com/contents/erector-spinae-plane-block-procedure-guide?search=erector%20spinae%20block&source=search\\_result&selectedTitle=1~150&usage\\_type=default&display\\_rank=1#H3688076497](https://www.uptodate.com/contents/erector-spinae-plane-block-procedure-guide?search=erector%20spinae%20block&source=search_result&selectedTitle=1~150&usage_type=default&display_rank=1#H3688076497)

*Interventional Pain Management*. (2024, Jan 01). Retrieved Jan 25, 2024, from Carelton Medical Benefits Management:

<https://guidelines.careltonmedicalbenefitsmanagement.com/interventional-pain-management-2024-01-01/>

*Manual search results*. (2024). Retrieved Jan 25, 2024, from Department of Medical Assistance Services - MES Public Portal:

<https://vamedicaid.dmas.virginia.gov/manuals/provider-manuals-library#gsc.tab=0>

*PROPOSED LCD: Trigger Point Injections (TPI) (DL39671)*. (2023, Aug 31). Retrieved Jan 19, 2024, from Centers for Medicare and Medicaid Services:

<https://www.cms.gov/medicare-coverage-database/view/lcd.aspx?lcdid=39670&ver=4&keyword=muscle%20injections&keywordType=starts&areald=all&docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&contractOption=all&sortBy=relevance&bc=1>

*ScanNav Anatomy Peripheral Nerve Block*. (2022, Apr 07). Retrieved Jan 29, 2024, from U.S. Food and Drug Administration:

[https://www.accessdata.fda.gov/cdrh\\_docs/pdf22/DEN220024.pdf](https://www.accessdata.fda.gov/cdrh_docs/pdf22/DEN220024.pdf)

## Special Notes: \*

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment, and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving, and these medical policies are subject to change without notice,

although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

Services mean both medical and behavioral health (mental health) services and supplies unless We specifically tell You otherwise. We do not cover any services that are not listed in the Covered Services section unless required to be covered under state or federal laws and regulations. We do not cover any services that are not Medically Necessary. We sometimes give examples of specific services that are not covered but that does not mean that other similar services are covered. Some services are covered only if We authorize them. When We say You or Your We mean You and any of Your family members covered under the Plan. Call Member Services if You have questions.

### Keywords:

SHP Erector Spinae Plane Block, SHP Medical 332, pain