

A PUSH OF A BUTTON COULD CHANGE YOUR LIFE

Have you or a loved one ever had an emergency or fall while alone? Then you know how helpless it feels. That all changes when you have Sentara PERS. This personal emergency response system helps you anytime 24/7.

HOW MEDICAL ALERT WORKS

1. Your information is immediately sent to the response center.
2. A personal response associate begins 2-way communication and assesses the situation.
3. The associate contacts a loved one, a neighbor, or emergency services based on your need.



DID YOU KNOW?

- One in four Americans age 64 and older falls at least once a year.
- Chances of surviving a fall are six times greater if you're found within the hour.
- The danger of permanent disability rises dramatically each minute a stroke victim is left unattended.
- Over 20% of the 1.6 million Americans who suffer heart attacks every year die because help didn't arrive on time.

SENTARA PERS (PERSONAL EMERGENCY RESPONSE SYSTEM)

PEACE OF MIND AT HOME OR AWAY

Sentara PERS (Personal Emergency Response System) offers help at the push of a button, giving you and your loved ones peace of mind.

A sudden fall or medical emergency could threaten your health and independence, so it's important to be prepared. Call Sentara PERS for more information about the range of solutions for various lifestyles.

757-553-3003

**Toll Free 1-800-HOMECARE
(1-888-461-5649 outside of VA)
Fax 757-431-7774**

Atención: si habla español, tiene a su disposición servicios lingüísticos gratuitos. Llame al 844-809-6648.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 844-809-6648 번으로 전화해 주십시오.

注意: 如果您讲中文普通话, 则将为您提供免费的语言辅助服务。请致电 844-809-6648。

ATTENTION: Language assistance services are available to you free of charge. Call 844-809-6648.

Sentara complies with applicable Federal Civil Rights Laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

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SENTARA PERS

(PERSONAL EMERGENCY RESPONSE SYSTEM)



PERSONAL EMERGENCY RESPONSE SYSTEM

LANDLINE BASE STATION

Features:

- 24/7 emergency monitoring services
- Waterproof help button pendant
- Rechargeable back-up battery
- Compatible with the fall detector pendant
- Requires a landline phone connection



CELLULAR BASE STATION

Just plug the cellular base station's power cord into an electrical outlet. Within seconds, you'll have coverage throughout your home. No landline? No problem with the cellular base station!

Features:

- 24/7 emergency monitoring services
- Does not require a landline phone connection or cell phone
- Waterproof help button pendant
- No cellular contract required
- Operates on AT&T 4G Network
- Compatible with the fall detector pendant
- 36-hour battery backup



FALL DETECTOR PENDANT

The fall detector pendant automatically detects a fall and immediately sends a signal to the response center. Even if you can't push your help button, help will be dispatched for you. The pendant is waterproof so you can wear it in the shower where many falls occur. In addition to the "auto fall" detection, you can also press the button any time for help.



Features:

- Automatically detects a fall and calls for help without needing to push a button
- Wearable as a pendant
- Waterproof design
- Compatible with landline, cellular, and mobile GPS personal emergency response devices

BELLE MOBILE SYSTEM

On the go? You are covered with the Belle Mobile system. This system uses cellular connection, providing flexibility to go anywhere and receive help when needed.



Features:

- 24/7 emergency monitoring services
- Does not require a landline phone connection or cell phone
- No cellular contract required
- 30-day rechargeable battery life
- Easy to operate
- Wearable while bathing
- Allows for use at home or away
- Operates on Verizon 4G Network



For more information, call 757-553-3003 or 1-888-461-5649 outside of VA
Fax 757-431-7774 or visit sentara.com/homecare

