

Home Traction Devices

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All requests for authorization for the services described by this medical policy will be reviewed per Early and Periodic Screening, Diagnostic and Treatment (EPSDT) guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.*

Purpose:

This policy addresses Home Traction Devices.

Description & Definitions:

Traction equipment is used to decrease pain, muscle spasm and nerve root compression by extending the involved muscles, tissues, and ligaments of the spinal column through gentle pulling action.

Criteria:

Cervical Traction devices are considered medically necessary when **all of the following** criteria are met:

- Individual has musculoskeletal or neurologic impairment requiring traction equipment
- Appropriate use of home cervical traction device has been demonstrated to individual and individual tolerated selected device
- Device specific criteria are met, as indicated by **1 or more** of the following:
 - Individual has diagnosis of temporomandibular joint (TMJ) dysfunction and has received treatment for TMJ condition.
 - Individual has distortion of lower jaw or neck anatomy (eg, radical neck dissection) such that chin halter is unable to be utilized.
 - Treating practitioner orders and/or documents medical necessity for greater than 20 pounds of cervical traction in home setting

The following Traction Devices **do not meet the definition of medical necessity**, to include but not limited to:

- Cervical traction applied via attachment to headboard or free-standing frame
- Cervical traction device that can be used with ambulation
- Gravity-assisted traction device
- Lumbar traction devices

Coding:

Medically necessary with criteria:

Coding	Description
E0849	Traction equipment, cervical, free-standing stand/frame, pneumatic, applying traction force to other than mandible
E0855	Cervical traction equipment not requiring additional stand or frame

Considered Not Medically Necessary:

Coding	Description
E0830	Ambulatory traction device, all types, each
E0840	Traction frame, attached to headboard, cervical traction
E0850	Traction stand, freestanding, cervical traction
E0856	Cervical traction device, with inflatable air bladder(s)
E0941	Gravity assisted traction device, any type

Document History:

Revised Dates:

- 2023: July
- 2022: September
- 2021: December
- 2020: December
- 2019: September, December

Reviewed Dates:

- 2023: September
- 2018: August
- 2017: November
- 2016: March
- 2015: March

Effective Date:

- April 2014

References:

Including but not limited to: Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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Special Notes: *

This medical policy express Sentara Health Plan's determination of medically necessity of services, and they are based upon a review of currently available clinical information. These policies are used when no specific guidelines for coverage are provided by the Department of Medical Assistance Services of Virginia (DMAS). Medical Policies may be superseded by state Medicaid Plan guidelines. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) covers services, products, or procedures for children, if those items are determined to be medically necessary to "correct or ameliorate" (make better) a defect, physical or mental illness, or condition (health problem) identified through routine medical screening or examination, regardless of whether coverage for the same service or support is an optional or limited service under the state plan. Children enrolled in the FAMIS Program are not eligible for all EPSDT treatment services. All requests for authorization for the services described by this medical policy will be reviewed per EPSDT guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member's condition. *Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.*

All medically necessary medical equipment and supplies under the Virginia Administrative Code (12VAC30-50-165) may be covered only if they are necessary to carry out a treatment prescribed by a practitioner. Only supplies, equipment, and appliances that are determined medically necessary may be covered for reimbursement by DMAS. (12VAC30-50-165) The following criteria must be satisfied through the submission of adequate and verifiable documentation satisfactory to DMAS, or its contractor. Medically necessary DME and supplies shall be:

- Ordered by the practitioner on the CMN/DMAS-352;
- A reasonable and medically necessary part of the individual's treatment plan;

- Consistent with the individual's diagnosis and medical condition, particularly the functional limitations and symptoms exhibited by the individual; • Not furnished for the safety or restraint of the individual, or solely for the convenience of the family, attending practitioner, or other practitioner or supplier;
- Consistent with generally accepted professional medical standards (i.e., not experimental or investigational);
- Furnished at a safe, effective, and cost-effective level; and
- Suitable for use, and consistent with 42 CFR 440.70(b)(3), that treats a diagnosed condition or assists the individual with functional limitations.

Keywords:

SHP Home Traction Devices, SHP Durable Medical Equipment 35, Over-the-door cervical traction device, musculoskeletal impairment, neurologic impairment, lumbar traction device