



**Employee Monthly Premiums**  
**Effective January 1, 2025**  
**Sentara Health Plans**

| <b>PPO</b>          | <b>Total Premium</b> | <b>Employer</b> | <b>Employee Monthly</b> |
|---------------------|----------------------|-----------------|-------------------------|
| Employee Only       | \$ 836.00            | \$ 644.00       | \$ 192.00               |
| Employee & Spouse   | \$ 1,839.00          | \$ 1,005.00     | \$ 834.00               |
| Employee & Child    | \$ 1,254.00          | \$ 749.00       | \$ 505.00               |
| Employee & Children | \$ 1,588.00          | \$ 811.00       | \$ 777.00               |
| Family              | \$ 2,591.00          | \$ 1,114.00     | \$ 1,477.00             |

| <b>POS</b>          | <b>Total Premium</b> | <b>Employer</b> | <b>Employee Monthly</b> |
|---------------------|----------------------|-----------------|-------------------------|
| Employee Only       | \$ 849.00            | \$ 751.00       | \$ 98.00                |
| Employee & Spouse   | \$ 1,868.00          | \$ 1,395.00     | \$ 473.00               |
| Employee & Child    | \$ 1,274.00          | \$ 991.00       | \$ 283.00               |
| Employee & Children | \$ 1,613.00          | \$ 1,178.00     | \$ 435.00               |
| Family              | \$ 2,632.00          | \$ 1,696.00     | \$ 936.00               |

| <b>HMO</b>          | <b>Total Premium</b> | <b>Employer</b> | <b>Employee Monthly</b> |
|---------------------|----------------------|-----------------|-------------------------|
| Employee Only       | \$ 842.00            | \$ 776.00       | \$ 66.00                |
| Employee & Spouse   | \$ 1,853.00          | \$ 1,609.00     | \$ 244.00               |
| Employee & Child    | \$ 1,264.00          | \$ 1,112.00     | \$ 152.00               |
| Employee & Children | \$ 1,601.00          | \$ 1,367.00     | \$ 234.00               |
| Family              | \$ 2,611.00          | \$ 2,035.00     | \$ 576.00               |

| <b>CDHP</b>         | <b>Total Premium</b> | <b>Employer</b> | <b>Employee Monthly</b> |
|---------------------|----------------------|-----------------|-------------------------|
| Employee Only       | \$ 795.00            | \$ 768.00       | \$ 27.00                |
| Employee & Spouse   | \$ 1,748.00          | \$ 1,650.00     | \$ 98.00                |
| Employee & Child    | \$ 1,192.00          | \$ 1,131.00     | \$ 61.00                |
| Employee & Children | \$ 1,510.00          | \$ 1,417.00     | \$ 93.00                |
| Family              | \$ 2,464.00          | \$ 2,234.00     | \$ 230.00               |

**Anthem Dental**

| <b>Basic</b>        | <b>Total Premium</b> | <b>Employer</b> | <b>Employee Monthly</b> |
|---------------------|----------------------|-----------------|-------------------------|
| Employee Only       | \$ 30.60             | \$ 13.72        | \$ 16.88                |
| Employee & Spouse   | \$ 62.40             | \$ 33.48        | \$ 28.92                |
| Employee & Children | \$ 79.52             | \$ 48.40        | \$ 31.12                |
| Family              | \$ 117.60            | \$ 68.64        | \$ 48.96                |

| <b>Enhanced</b>     | <b>Total Premium</b> | <b>Employer</b> | <b>Employee Monthly</b> |
|---------------------|----------------------|-----------------|-------------------------|
| Employee Only       | \$ 38.48             | \$ 14.04        | \$ 24.44                |
| Employee & Spouse   | \$ 78.48             | \$ 33.76        | \$ 44.72                |
| Employee & Children | \$ 100.04            | \$ 48.80        | \$ 51.24                |
| Family              | \$ 147.96            | \$ 69.28        | \$ 78.68                |

**Davis Vision**

| <b>Basic</b>        | <b>Employee Monthly</b> |
|---------------------|-------------------------|
| Employee Only       | \$ 4.64                 |
| Employee & Spouse   | \$ 8.16                 |
| Employee & Children | \$ 9.28                 |
| Family              | \$ 13.44                |

| <b>Enhanced</b>     | <b>Employee Monthly</b> |
|---------------------|-------------------------|
| Employee Only       | \$ 5.40                 |
| Employee & Spouse   | \$ 9.48                 |
| Employee & Children | \$ 10.76                |
| Family              | \$ 15.64                |