



**SENTARA HEALTH PLANS CLINICAL PRACTICE GUIDELINE:**  
**HYPERTENSION**

For the complete guideline, please go to <https://doi.org/10.1161/HYP.0000000000000257>

Guideline History

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These Guidelines are promulgated by Sentara Health as recommendations for the clinical Management of specific conditions. Clinical data in a particular case may necessitate or permit deviation from these Guidelines. The Sentara Health Guidelines are institutionally endorsed recommendations and are not intended as a substitute for clinical judgment.