

2025 Community Health Needs Assessment

The assessments are completed every 3 years and provide us with a picture of the health status of the residents in our communities and information about health and health-related problems that impact health status.

Community survey

559 total responses, 273 stakeholders,
286 community members

Focus groups

9 focus groups & 67 participants

Data collection

Demographics & key health indicators

Community health priorities

Behavioral health | Chronic conditions |
Social drivers of health

Service areas

Cities of Suffolk and Franklin, and the Counties of Isle of Wight, Southampton, Surry, Sussex & Gates County, NC



Read the complete
2025 Community Health Needs
Assessment at [sentara.com](https://www.sentara.com)



Learn more about the
Sentara Cares priorities
at [sentaracares.com](https://www.sentaracares.com)

Looking at the data and listening to our communities



185,034 residents with 55.3% White, 37.6% African American, 4.1% Hispanic and 5.9% multiple races (U.S. Census Bureau).



Respondents reported health screenings, annual checkups, immunizations being important to their health.



Top health concerns are behavioral and mental health or both adults and children, chronic diseases, and social determinants of health.



Availability of services, wait lists and cost of services, make accessing healthcare difficult.



Leading causes of death:

- Heart disease
- Cancer
- Stroke



Behavioral and mental health outcomes continue to be a concern. Hospitalization rates due to substance use, opioid overdose and behavioral health diagnosis were higher than the state..



Some barriers to access health services were due to a lower number of primary care doctors and mental health doctors in some of our service areas.