



**SENTARA HEALTH PLANS CLINICAL PRACTICE GUIDELINE:
AHA/ACC/TOS Guidelines for the Management of
Overweight and Obesity in Adults**

For complete guideline, please go to <https://www.ahajournals.org/doi/full/10.1161/01.cir.0000437739.71477.ee> and https://diabetesjournals.org/care/article/47/Supplement_1/S145/153942/8-Obesity-and-Weight-Management-for-the-Prevention

Formulary/Drug Lists: <https://www.sentarahealthplans.com/providers/pharmacy/formularies-and-drug-lists> We have consolidated the Saxenda prior authorization form with all other anti-obesity medications. They are now all on a prior authorization form titled PAWeightManagement and can be accessed via the following hyperlink: <https://shc-p-001.sitecorecontenthub.cloud/api/public/content/93179e01e5904b10a8a2c0eeac06afcb?v=7cb4a10f>

Guideline History

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These Guidelines are promulgated by Sentara Health as recommendations for the clinical Management of specific conditions. Clinical data in a particular case may necessitate or permit deviation from these Guidelines. The Sentara Health Guidelines are institutionally endorsed recommendations and are not intended as a substitute for clinical judgment.