

Nursing

Sentara Williamsburg Regional Medical Center

2023 Nursing Annual Report



Year to Date Improvements

We heard you! Here is a list of some of the things we are doing to improve patient care and service and to enhance the work experience for team members.

Patient Care & Service

- Departments are implementing action plans to improve the patient and family experience.
- A DaVinci robot has been added and is aiding surgical procedures.
- Cardiac services have been expanded.
- Foot and Ankle services have been expanded.
- Two new mammography units have been added.
- Interventional Radiology services have been launched.
- A Vascular Access Team has been implemented.

Safety:

- The Visitor Badging Station is now staffed by Security Officers in the lobby to support staff, patient, and visitor safety.
- Armed Police officers are stationed in the ED (Emergency Department) in the evening. This is being expanded to 7 nights per week, when possible.
- The number of STAT Security Buttons has been increased across the hospital.
- Badge access devices have been installed in nursing unit breakrooms and other areas to improve security.
- Landscaping has been changed to increase visibility of entrances and the employee parking lot.
- De-escalation Training is being implemented for all clinical and patient facing staff.
- Security cameras have been expanded.
- We are partnering with York County & Williamsburg police departments to improve SWRMC's response to violent and abusive patients.
- A public advertising campaign is underway to reinforce the importance of being kind and respectful to our staff.

Staffing:

- Internal travelers, and division, regional and SWAP (System Wide Assignment Pool) resource staff have been increased.
- We actively partner and provide clinical rotations with Rappahannock Community College, Virginia Peninsula Community College and ECPI.
- Two SWRMC Nursing and OR Virtual Career Fairs have been held YTD.
- Managers provide staffing updates in weekly communications.
- 211 new regular full-time, part-time and flexi team members have been hired through December, 2022.

Physical Environment:

- Repairs and remodeling of ICU, 4th floor, Pharmacy, Clinical Engineering, Supply Services and Lab was completed in response to flood damage.
- Plans are underway to replace existing drapes with roller shades in patient rooms.
- Construction is underway for an employee Zen Den, outdoor bench swings, and employee lactation rooms.
- Refresh and painting of ED, Sleep Lab and Infusion is underway.

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Dear Nursing Colleagues,

As I pen my message for the 2023 Nursing Annual Reports, I am proud to recognize and celebrate the countless contributions Sentara's nurses make in the lives of the thousands of patients, members, and community residents we serve each year throughout our hospitals, home health/hospice services, health plans and ambulatory services across the system. There is a reason that nursing has remained the most trusted profession in the country for 22 consecutive years, per Gallup annual report which highlights the high honesty and ethical standards displayed by nurses across the country. Here at Sentara, we see and feel this impact every day, both within our walls and throughout the many communities we serve.

When I reflect upon the over 9,000 incredible nurses and total 30,000 colleagues who make up the Sentara team, the words that first come to mind include commitment, professionalism, and excellence. Sentara nurses work tirelessly to deliver the highest quality care to our patients and members at every level of our organization. At the same time, we know it takes a dynamic, diverse, and multidisciplinary team to support Sentara's mission to improve health every day. As nurses, we work in collaboration with countless other disciplines, and we could not do what we do without the expertise and support of our colleagues across the system.

As a nurse for more than 42 years, I often reflect on why I have chosen to continue my commitment to the

profession of nursing, year after year. For me, it is that passion – that fire within me that reminds me of the importance of what we are doing here. Every day, patients, members, and their families place their humanity into our hands. That is an honor and a privilege that many other professions never experience.

2023 saw us launch the One Sentara strategic plan as a road map for the future, along with Transformation Initiatives to accomplish that plan. Nursing has a key role in much of this work for the years ahead. System outcomes in 2023 showed overall improvement in many areas. Overall Hospital Acquired Infections (HAIs) decreased in 2023 and has over the past 7 years. Nursing retention for 2023 was in the top quartile of the nation with nursing turnover at 12.5%. Close to 2,000 RNs were hired in 2023, well over our 2022 volumes. Our nursing shared governance structure continues to be strong and allows for frontline staff to collaborate with leaders for shared decision-making. Our scholarly work, including published manuscripts, poster and podium presentations, and research projects continue to add to nursing's overall body of knowledge.

I wish you all well and look forward to seeing each of you live out our mission "to improve health every day." Making a difference takes courage, integrity, passion, ingenuity, and advocacy. These endeavors connect all Sentara nurses.

With deepest gratitude and respect,

Mary Morin, MSN, RN, NEA-BC
Enterprise Chief Nursing Officer /
Senior Vice President



A Message from our Vice President, Chief Nursing Officer Donna Wilmoth, MSN, RN NE-BC FACHE



Our nurses, as you will discover in this report, are setting a standard of excellence that's increasingly recognized outside of Sentara Williamsburg Regional Medical Center. Nursing has never been easy, and 2023 was no exception. It's hard to believe the year began with the huge flood impacting our Critical Care unit as well as many other areas of the hospital

All the while our nurses were on the front lines delivering the best care possible — shining lights amid the darkness of the pandemic and its aftermath.

Health care challenges didn't stop our nurses; nor did they stop our shared passion for continuous improvement. We learned that — much like health care professionals across the country — our nurses are coping with high levels of stress and burnout.

We've created shared governance councils at every level of the organization to build structural empowerment for nurses and ensure they have a voice in decisions impacting their work.

I can't emphasize enough the importance of all of us at SWRMC working together to practice the theory of caring that rests at the heart of our nursing practice, while implementing our long-term nursing strategic plan. Together, these efforts help us to meet our mission of improving health every day.

I am so proud of the accomplishments of our nurses and their willingness to share their knowledge so others can

benefit. Some examples from the year include:

- Geriatric Emergency Department Accreditation Gold Level from the American College of Emergency Physician•
- SWRMC ICU Gold Level Beacon Award for Excellence™ from
- American Association of Critical Care Nurses (AACN)
- Leapfrog Top Hospital "A" rating for care
- US News & World Report Best Maternity Care
- Best Hospital for Innovation and Inclusion in Women's Health (Health Magazine)
- Humana Performance-Based Maternity Program Gold
- Lactation FMC also achieved Blue Distinction+ status for Maternity
- FMC earned Tricare Gold
- Get With the Guidelines – Stroke
- Silver Plus with Target: Stroke
- Honor Roll and Target: Type 2 Diabetes Honor Roll
- Da Vinci robot (new technology to support some of our General and Urology cases with the intent to add Gyn procedures—allows our community the access to technology they might normally would travel to obtain.)
- New Foot and Ankle Program (implemented call changes)
- York County Chamber of Commerce Nurse Hero Award
 - o Sasha Strakhova
 - o Audrey Stiles, BSN, RN, CCRN

- New Construction
 - o Zen Den
 - o Lounge
 - o Sensory Inclusive Space
 - o Inpatient Rehab Unit
 - o Sleep Room
 - o Swings in front of hospital
- Research
 - o 2023 APEX Public Health
- Grand Award for Publication of Research Project (Nursing Moral Distress and Intent to Leave Employment During the COVID-19 Pandemic)
- American College of Cardiology Accreditation Chest Pain and STEMI Receiving Center
- AACVPR Cardiac Rehab Certification
- AACVPR Pulmonary Rehab Certification
- IAC Adult Echo Accreditation
- IAC Adult PVL Accreditation
- NCDR Chest Pain-MI Registry 2023 Platinum Performance Achievement Award
- Program development-
 - o Vascular Access Team
 - o IR program growth and development

Awards and accolades tell only part of the story. Our nurses earn awards every day from patients who are so grateful to have them by their side. I couldn't be prouder of our nurses. After reading this report, I think you'll be proud too —and like me, you'll marvel at their remarkable achievements.

Quality & Patient Sensitive Measures

SWRMC collects data from our patient sensitive measures into a National Database of Nursing Quality Indicators (NDNQI). NDNQI measurements allow nursing units to benchmark their performance with nursing units of similar composition nationally. Data is collected and trended over a two-year/ eight quarter period. SWRMC goal is to outperform the NDNQI mean for majority of the 8 quarters. The indicators include Falls with Injury, Hospital Acquired Pressure Injury (HAPI), Central Line Associated Bloodstream Infection (CLABSI), Catheter Associated Urinary Tract Infection (CAUTI), Restraint Usage, Ventilator Associated Events, methicillin resistant Staphylococcus aureus (MRSA), clostridium difficile (C. Diff) and Assaults.

Patient Sensitive Measures (PSMs) include healthcare-associated complications primarily reflecting the quality of nursing care provided: CAUTI and CLABSI as well as Hospital-Acquired Pressure Injuries (HAPI) and Falls with Injury. Each year thresholds are set based on the National Database of Nursing Quality Indicators benchmarks to continuously improve performance and prevent these events that contribute to patient morbidity and mortality, extend length of stay, and increase costs.

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CAUTI	CLABSI	CDI	Colon SSI	Abd. Hyst SSI	HAI Total	HAPI	Falls

Inpatient NDNQI Metrics

1 Quarter 2022 - 4th Quarter 2023							
Nursing Unit	Injury Fall	HAPI Device Related	HAPI > 2	CLABSI	CAUTI	MRSA	CDIFF
ICU 01-061-3154	8/8	8/8	8/8	6/8	6/8	8/8	5/8
3 South Progressive Care Unit 01-061-3117	4/8	8/8	7/8	8/8	8/8	8/8	5/8
3 North Medical 01-061-3116	5/8	8/8	7/8	8/8	7/8	8/8	5/8
4 South Medical 01-061-3115	7/8	8/8	8/8	8/8	7/8	8/8	7/8
4 North Surgical 01-061-3103	6/8	8/8	8/8	8/8	6/8	7/8	6/8
Acute Inpatient Rehab 01-061-3180	6/6	6/6	6/6	4/4	6/6	6/6	6/6
Transition Unit 01-061-5470	1/1	1/1	1/1	2/2	2/2	1/1	0/1
Family Maternity Center 01-061-3165	8/8					8/8	8/8
Total	7/8	7/8	7/7	7/7	7/7	8/8	7/8

Ambulatory / Outpatient NDNQI Metrics

1 Quarter 2022 - 4th Quarter 2023			
Nursing Department	Injury Fall ED 1Q18 Other 1Q20	Patient Burns Starting 1Q20	Surgical Errors Starting 1Q20
Emergency Department 01-061-4235	6/8		
Cardiac Cath Holding Area 01-061-4502	8/8		
Cardiovascular Therapy 01-061-614511	7/8		
Cath Lab 01-061-4522	7/8	8/8	8/8
General Surgery/OR 01-061-4123		8/8	7/7
Noninvasive Lab 01-061-4566	7/8		
PACU 01-061-4171	8/8		
Same Day Surg 01-061-4137	5/7		
Endoscopy 01-061-4115	7/7	8/8	7/7
Cancer Outpatient- Infusion Center 01-061-4711	7/7		
Diabetes Outpatient Education 01-061-5457 (Through Q4, 2022)	4/4		
Total	10/10	3/3	3/3

2023 Certified Nurses

Adams, Kristi L
 Adsit, Mitchell W
 Ashley, Carolyn A
 Balke, Laura D
 Banks, Sherry J
 Barnett, Oleksandra S
 Barone, Velia L
 Bernal, Madeline
 Blalock, Julia
 Bloxom, Kathy S.
 Bonavita, Teresa O
 Boyd, Amy E
 Broxton, Elizabeth A
 Burgess, Matthew L
 Coates, Natalia V



Collins, Courtney E
 Cosme, Jenice D
 Cox, Jacqueline M.
 Cumbie, Elizabeth J.
 Ellick, Todd
 Engstrom, Efhalia T
 Enterline, Stacey A.
 Ewers, Britney D
 Filter, Jennifer L
 Fiol, Lucille
 Fisher, Andra Harrison
 Galindo, Francine
 Gibbs, Mary S
 Gladstone, Brittney P.
 Gore, Bobbie
 Gross, Michelle S.
 Grunau, Kacie

Haus, Janette D
 Hausman, Rajeana J.
 Hendley, Carol S
 Hensley, Stephanie Leray
 Hodges, Taylor D
 Holt, Courtney G
 Hudik, Chasity A
 Keister, Megan M
 Kimball, Melissa K
 Koval, Anne E.
 Krupilis, Kerstin
 Kubik, Deanna
 Lassiter, Amy K
 Layton, Debra D.
 Lizotte-Smith, Kellie
 Lopes, Amanda L
 Lynch, Karen E.
 Marquardt, Elizabeth G



Marrow, Katina L.
 Martin, Joyce A
 Mayo, Andrea N.
 Mccullough, Aimee J
 Mellon, Jessica L.
 Mercado, Ray T
 Miller, Stephanie D
 Moore, Patricia R
 Moore, Teshena M.
 Morrissette, Renee L
 Munday, Stephanie R
 O'connor, Christina E
 Parrish, Donna A
 Patno, Donna O
 Patterson, Kimberly A.
 Pennystone, Katie
 Perry, Christina P



Phillips, Tonja H
 Piccolomini, Brianna M
 Polley, Kimberly A
 Priestley, Diane M
 Ramon, Amanda L.
 Rector, Tina



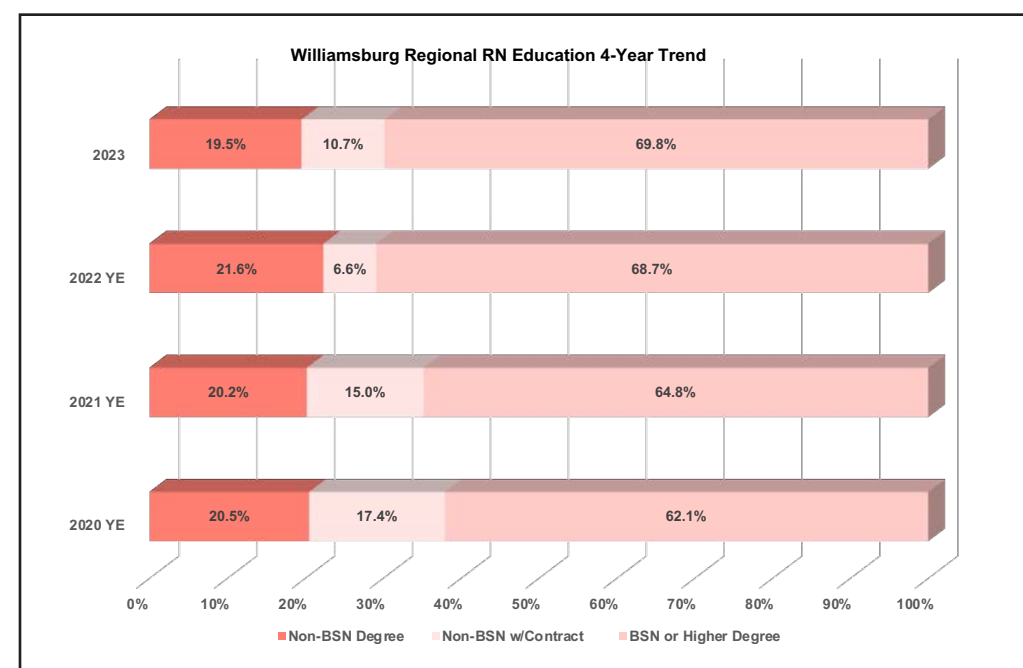
Remines, Hayla D
 Richmond, Rebecca D
 Rodgers, Talisha R
 Runk, Barbara G
 Saporito, Marilyn F
 Schambach, Jennifer L
 Schon, Cindy A.
 Schultz, Allison Von Herbulis
 Sheppard, Katherine N
 Skalak, Allison R
 Sluss, Nancy

Snyder, Mary Stuart H
 Stiles, Audrey W.
 Stout, Brenda S
 Strickland, Dale J.
 Strotmeyer, Christine E
 Sullivan, Brandi
 Suttle, Jamie L
 Taylor, Ashley M
 Taylor, Catherine
 Terry, Sherry Ann
 Thimons, Erica
 Thompson, Catherine A.
 Tolley, Laurie
 Tremblay, Beth
 Utne, Jennifer
 Vanner, Angela R
 Veneris, Amy A.
 Ward, Gretchen A.
 Wilmoth, Donna D
 Wise, Kelly
 Yates, Jill
 Youngcourt, Molli



Certified Nurses (con't)

Williamsburg Regional				
Total # of Professional RN Staff:		328		
Total # of employees who do not have a Highest Level of Education listed:		9		
Highest Level of Education	RN Education			
	2020 YE	2021 YE	2022 YE	2023
Non-BSN Degree	67	62	69	64
Non-BSN w/Contract <small>(Note: Number of Employees who have signed a BSN contract who do not have a BSN degree)</small>	57	46	21	35
BSN or Higher Degree	203	199	219	229
Total	327	307	309	328
Professional Certifications	115	105	102	104
Professional Certifications %	35.1%	34.1%	32.0%	31.7%



Sentara Williamsburg Regional Medical Center

Nurse Residency

The Institute of Medicine (IOM) Future of Nursing Report recommends health care organizations provide a transition-to-practice program to support new nurse graduates when they are transitioning into new clinical practice areas. Sentara Williamsburg Regional Medical Center (SWRMC) provides the following transition-to-practice programs: Nurse Residency Program™ (NRP), ED Internship, and Periop 101.

Sentara Williamsburg Regional Medical Center offers the Sentara Healthcare (SHC) Nurse Residency Program (NRP) through Vizient/AACN Nurse Residency Program™. The Vizient/AACN Nurse Residency Program™ (NRP) is the country's largest nurse residency program. Its innovative curriculum is designed to teach novice nurses to be critical thinkers, capable leaders, and professional, competent nurses. The program helps nurses develop their skills and bring evidence-based care into practice. All new grads are automatically enrolled into these programs to provide them support during their first year of clinical practice.

2023 Nurse Resident Cohort 12 Graduates

- | | |
|-------------------------------------|------------------------------------|
| Mya Pogue, ADN, RN
4 South | Kacey Brown ADN, RN
3 North |
| Nicole Scott, ADN, RN
4 South | Jennifer Godwin BSN, RN
3 South |
| Morgan Faulkner, ADN, RN
4 North | Emma McClaren ADN, RN
3 South |
| Lisa Barber, ADN, RN
4 North | Shonice Crum LPN,
3 South |
| Kaylee Agustin ADN, RN
3 North | Kara Daniels BSN,
RN, ICU |
| Katie Riha ADN, RN
3 North | |

2023 Nurse Resident Cohort 13 Graduates

- | | |
|------------------------------------|------------------------------------|
| Nicole Fox ADN, RN
4 North | Ibianka Rivera, ADN, RN
3 South |
| Neil Kirk, ADN, RN
3 South | Julia Blalock, ADN, RN
ICU |
| Kiersten Stone, ADN, RN
3 South | Jill Seward, ADN, RN
3 South |
| Amanda Meszaros, ADN
3 South | |



2023 Nursing Excellence Award Ceremony

On May 12, 2023, SWRMC celebrated over 72 nominees for the Annual Nurse Excellence Awards. SWRMC recognizes the ICU for winning the Nursing Team Award; Jill Yates for the Distinguished Nurse Leader; Debra Layton for the "Touching Lives" Award; Barbara Nielson, Christina Perry, and Tammy Bonafe for winning the Patient Care Nurse Excellence Awards; Jamie Elliot and Oleksandra Strakhova for winning the Rising Star Award; and Connie Scott and Michelle Grindstaff for winning the Friends of Nursing Award. Nominees were recommended in the following categories:

Friend of Nursing

Joyce Seltzer
 Emma Villano
 Pamela Crew
 Karen Grimm
 Kenneth Jones
 Deborah Eckstine
 Courtney Scott
 Michelle Grindstaff
 Katherine Stolarski
 Eric Augustine
 Sherry Grant
 Maria Gooden
 Katherine Key
 Jennifer Newman



Connie Scott
 Eric Davis
 Christy McCain
 Destiny Yager
 Trevon Shury
 Mya Pearson
 Sarita Rawls
 Rachel Jones

Distinguished Nurse Leader

Molli Youngcourt
 Jill Yates
 Bobbie Gore
 Amanda Lopes

Janette Haus
 Jessica Gourley
 Patricia Moore
 Amber Lykins
 Erica Thimons
 Teshena Moore
 Courtney Murphy
 Audrey Snyder

Touching Lives

Debra Layton
 Jamie Suttle
 Stephanie Hensley



Team Excellence

Intensive Care Unit
 Infusion Center
 CARES
 Emergency Department
 3 South

Patient Care Nurse Excellence Award

Velia Barone
 Barbara Nielson
 Robert Eno

Mary Gibb
 Noah Coultrip
 Susan Frishkorn
 Frisha Fyfe-Horne
 Janette Haus
 Kimberly Polley
 Christina Perry
 Patricia Kissinger
 Cindy Schon
 Ariana Braithwaite
 Amanda Lopes

Madeline Bernal
 Tammy Bonafe
 Sherry Pesquera
 Emma Turner
 Theresa Engbersen
 Kristine Kraus
 Shonice Crum
 Amanda Ramon

Rising Star

Kiersten Stone
 Katie Riha
 Sara Gerehart
 Jamie Elliot
 Oleksandra Strakhova
 Adella Vaughan
 Shonice Crum
 Neil Kirk
 Stephanie Hensley

2023 Nurse Hero Award



Audrey Stiles,
 BSN, RN, CCRN, CEN



Sasha Strakhova,
 MSN, RN, CNL

Introducing the New Sentara Nursing Professional Practice Model

Professional Practice Models (PPMs) serve as graphical depictions demonstrating how professional nurses practice, function, interact, and develop professionally to provide high quality care. SWRMC's PPM is used to describe a common foundation of nursing practice, provide clear vision for nursing care, and helps visually set nursing culture.

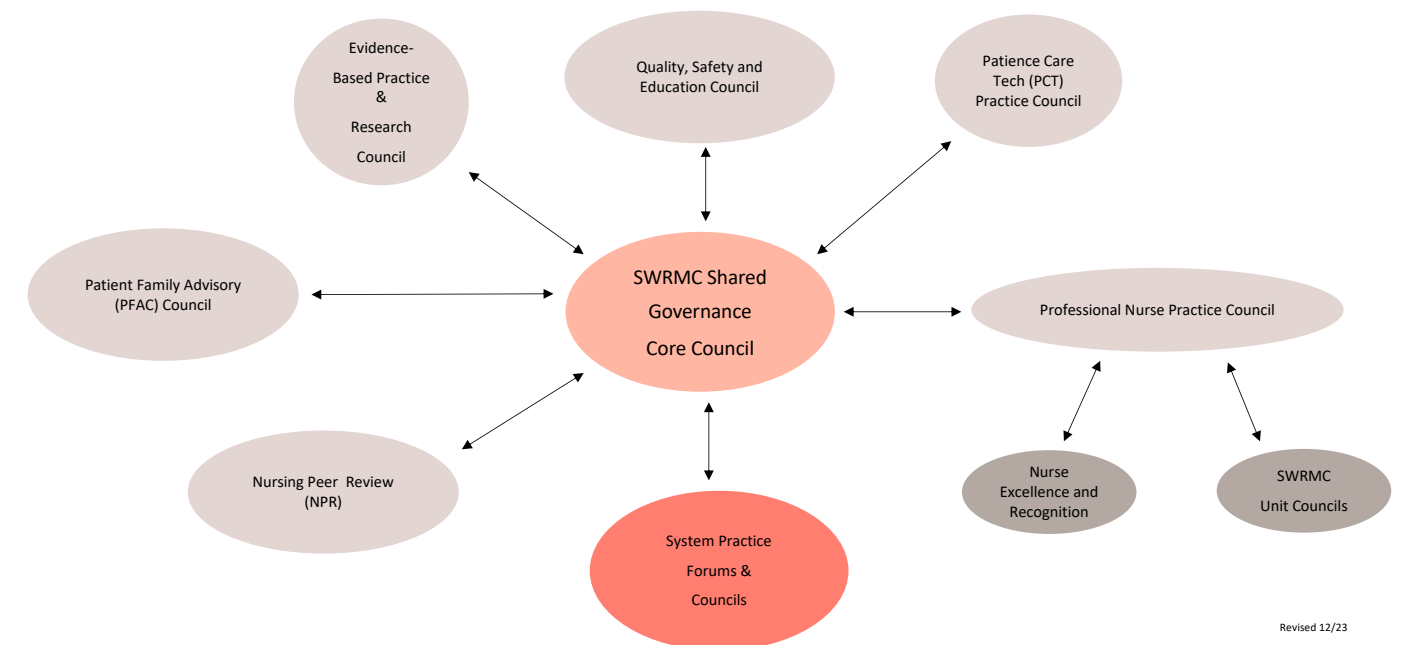


Mission: We Improve Health Every Day

Shared Governance

Shared Governance provides a framework for clinical staff to work collaboratively to develop a multidisciplinary approach to provide evidence-based patient care. Sentara Williamsburg has five core councils that meet monthly to collaborate with different units to meet patient and staff needs. The SWRMC Shared Governance Council is the center of the SWRMC Shared Governance model providing a bidirectional communication line between each council. The engagement of clinical staff is imperative in the success of shared governance.

SWRMC Shared Governance Model



Revised 12/23



Shared Governance Council Highlights

Nursing Peer Review

- Partner with System Peer Review
- Implemented new format to Practice Pearls with ANA Nursing Scope and Standards of Practice
- Focus on MRTs
- Focus on patients with heparin drips.
- Focus on chain of command- communication with nurses and physicians.

Evidence Based Practice and Research Council

- February 2023: Spring Sigma Theta Tau Conference- Nursing Satisfaction with Annual Competency Assessment: A Healthy Work Environment Initiative (Catherine Thompson, BSN, RN, CCRN-K & Beth Tremblay, PhD, RN)
- February 2023: VHHA Patient Safety Summit
- A PreCAUTIONary Approach to Urine Culture Stewardship
- Exploratory Factor Analysis: Moral Distress and Intent to Leave Employment

- Stop the Noise: Implementation of an Evidence-Based Nursing Bundle to Reduce Alarm Fatigue in the Intensive Care Unit (Jennifer Utne, BSN, RN, CCRN, Amanda Ramon, BSN, RN, Marilyn Saporito, MSN, RN, NE-BC, CCRN, Katherine Sheppard, DNP, APRN, AGCNS-BC, CCRN)
- March 2023: NACNS Conference
- Creating and Sustaining a Systemwide Virtual CNS Mentorship Series
- July 2023: Received APEX Grand Award (Public Health) for Publication – Nursing Moral Distress and Intent to Leave Employment during the COVID-19 Pandemic
- October 2023: Magnet ANAE Research Symposium
- November 2023: VONL Presentation – Exploring Moral Distress and Intent to Leave: The Perceptions of the Registered Nurse (Kris Kraus, MSN, RN, Andrea Mayo, BSN, RN-BC, Katherine Sheppard, DNP, APRN, AGCNS-BC, CCRN)

Professional Nurse Practice Council

- Improved communication around Medical Response Team and support for new staff.
- New process for onboarding new RNs with 4 hours set aside with Unit Coordinators to help with Epic and unit processes.

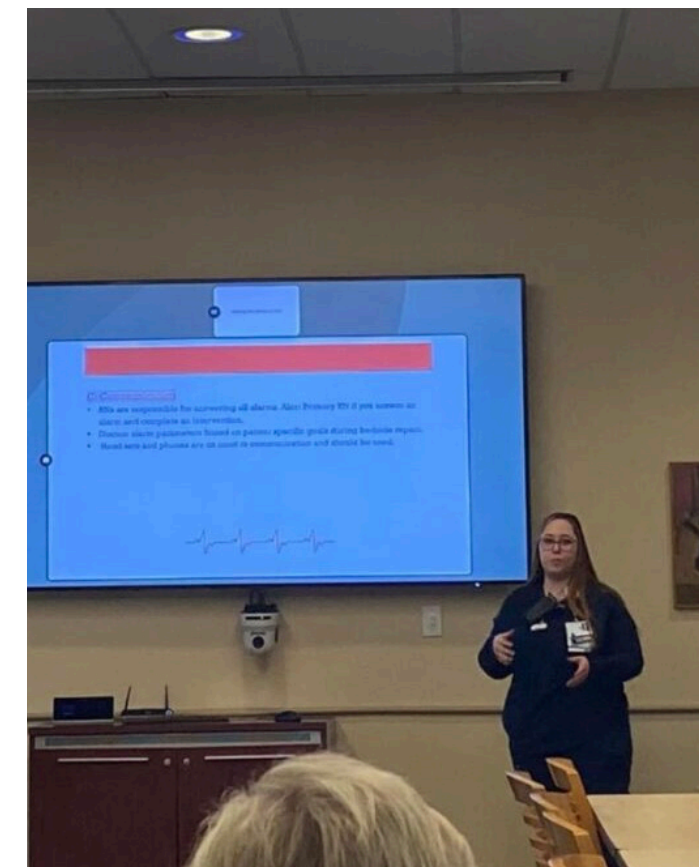
- Flow huddle development.
- Working for process to keep free charge nurse to support new hires

Quality, Safety and Education

- Focus on falls – coordination with Fall Ambassadors
- Replacement of wall brackets for fall mats
- New Fall Mats instituted throughout hospital

Patient and Family Advisory Council: The PFAC reviewed and provided feedback to hospital leadership on:

- Standardized Welcome Letter for all inpatient admissions
- Environmental Services initiatives, including scents
- Courtesy Cart used by PAL volunteers rounding on the units
- ER and ICU Waiting Areas
- Security initiatives, including Visitor Badging System
- Construction plans, including sensory inclusive spaces
- Communication Whiteboards
- Commit to Sit



The DAISY Award[®] for Extraordinary Nurses

The DAISY Foundation was established in 1999 by the family of Patrick Barnes. He died at the age of 33 from complications of Idiopathic Thrombocytopenic Purpura (ITP). Like many families who nurses see every day going through this kind of horrific loss, the Barnes family wanted to find a way to turn their grief into something positive and do something that would honor the very special man Patrick was. They created DAISY – an acronym for Diseases Attacking the Immune System. The family was so impressed by the clinical care Pat’s nurses provided, and they were overwhelmed by the level compassion and kindness that his nurses brought to Pat’s bedside day in and day out. The DAISY award is bestowed upon nurses who go above and beyond for their patients and families. Nurses may be nominated by patients, families, and colleagues, and they are chosen by a committee of nurses at Sentara Norfolk General Hospital to receive the DAISY Award.



2023 Daisy Winners



Q1 Kim Rigsby, RN



Q2 Anne Koval, BSN, RN



Q3 Niel Kirk, RN



Q4 Nataliia Coates, RN



Scholarly Dissemination

Chief Nursing Officer, Donna Wilmoth, MSN, RN, NE-BC, FACHE supported many clinical nurses and clinical nurse leaders to attend local, state, and national conferences.

February 2023: Spring Sigma Theta Tau Conference- Nursing Satisfaction with Annual Competency Assessment: A Healthy Work Environment Initiative (Catherine Thompson, BSN, RN, CCRN-K & Beth Tremblay, PhD, RN)

February 2023: VHHA Patient Safety Summit

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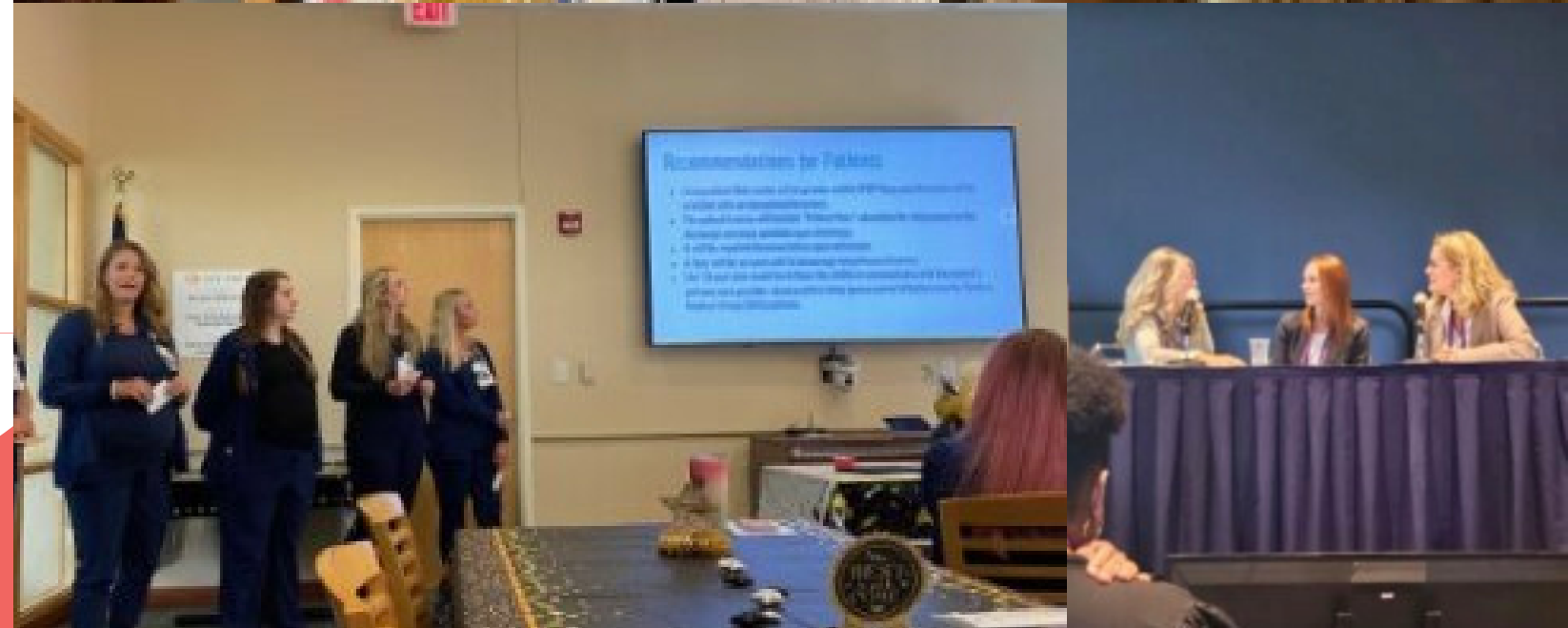
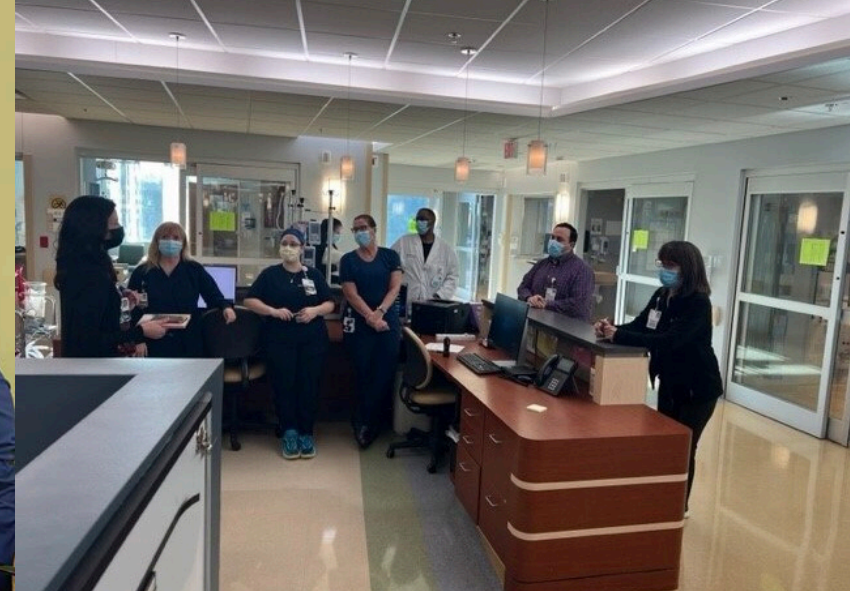
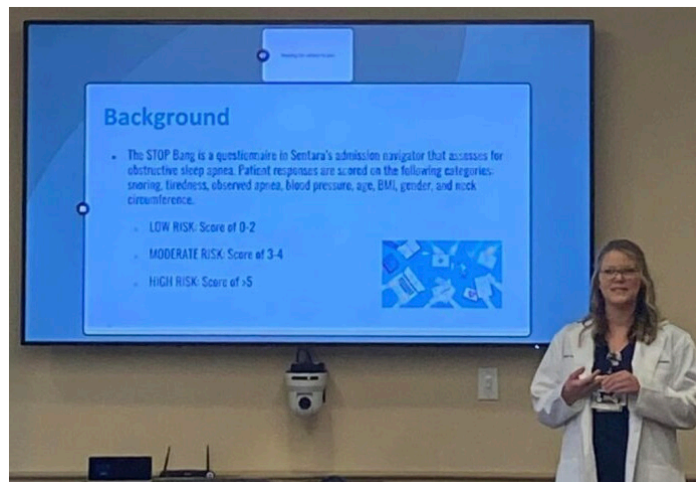


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Community Outreach & Volunteerism

Sentara Williamsburg Regional Medical Center continues to be very active in our community, supporting local community events and volunteer programs. We are proud to provide care for our patients, community, and staff by supporting and practicing our Mission of Improving Health Every Day. Continuing to foster and build relationships within our community is a wonderful opportunity for Sentara Williamsburg Regional Medical Center and our community members.

Sentara Williamsburg Regional Medical Center (SWRMC) is proud of the commitment and presence that they hold within the community it serves. SWRMC has fostered and built many great professional relationships in our community and continues to share resources and participate in many community activities. Our community is our extended family, and we will continue to improve health every day.

Events

15th Annual Sleighbell 5K

Alzheimer's Walk

Forensic Nurse Examiners – Domestic Violence Awareness

SWRMC 2023 Day of Caring (9/2023)

Virginia Credit Unit Cap2Cap annual bike ride fundraiser

Stop the bleed education for local community schools, Stonehouse Elementary School



Relay for Life



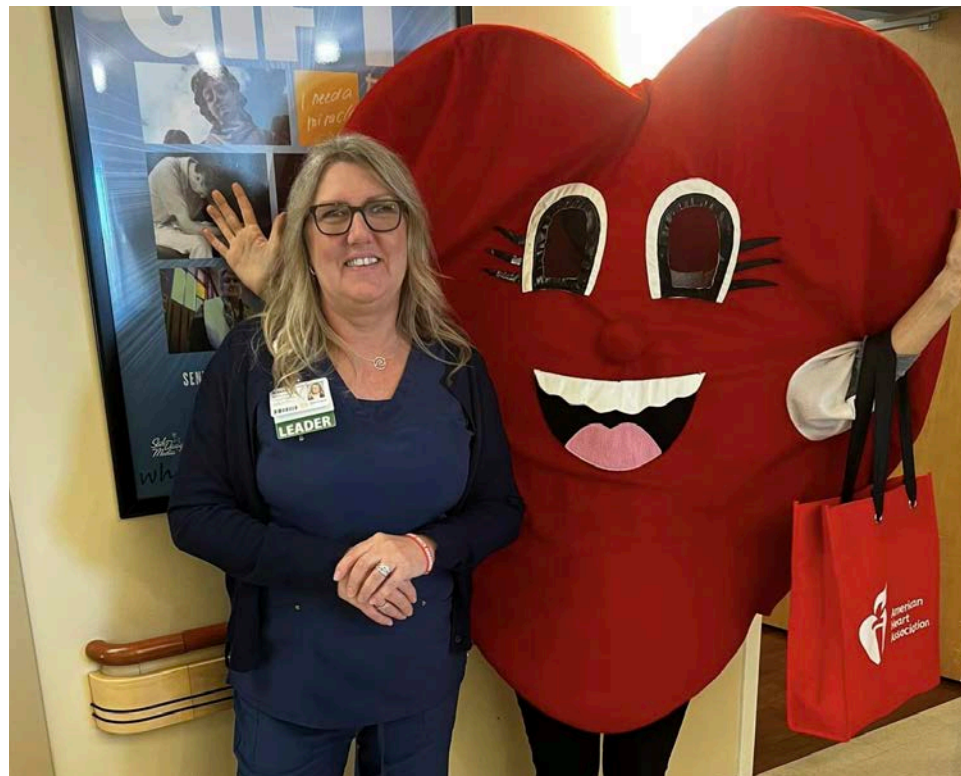
Forensic Nurse Domestic Violence Awareness



United Way



Alzheimer's Walk



Heart Awareness

SWRMC Day of Caring



**Sentara Williamsburg Regional
Medical Center**

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**Scan QR code to learn
more or visit [sentara.com](https://www.sentara.com)**