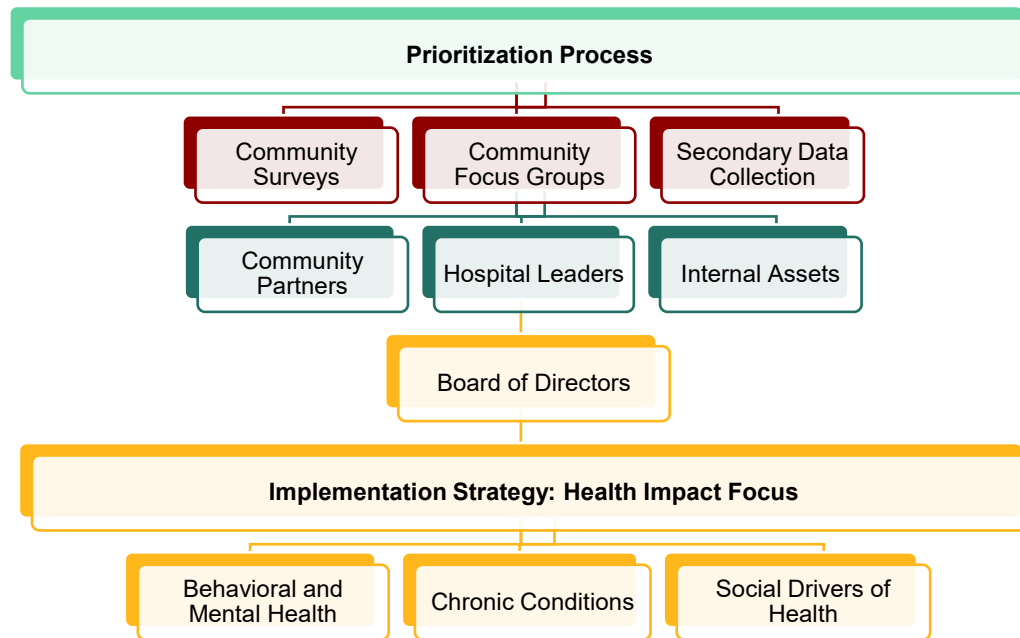



**Joint Community Health Needs Assessment Implementation Strategy for:  
Sentara CarePlex Hospital,  
CarePlex Orthopaedic Ambulatory Surgery Center, and Port Warwick Surgery Center  
Adoption Date: October 21, 2025 | Start Date: January 1, 2026**

This implementation strategy identifies the actions that the hospital and surgery center are jointly undertaking to address the health problems identified in the community health needs assessment, consistent with the requirements described in section 501(r)(3) of the Internal Revenue Code per the Patient Protection and Affordable Care Act. The actions within this Implementation Strategy are for both the hospital and the surgery center and are guided by the hospital's mission and goals. Both the hospital and the surgery center define their communities to be identical. The hospital and surgery center reserves the right to amend this Implementation Strategy as circumstances warrant. For example, certain needs may become more pronounced and require enhancements to the described strategic initiatives.




**Sentara Health system-wide focus**

**Improve Behavioral Health and Mental Well-Being**



**Improve Chronic Conditions and Avoidable Health Outcomes**



**Address and Invest in Social Drivers of Health**



Implementation Plan	From CHNA Research		From Asset Mapping	
	Identified Need	Population at Risk	Existing Community Asset	Potential Partner
<b>Priority Area: Improve Behavioral Health and Mental Well-Being</b>				
<b>Goal:</b> Enhance education to improve the mental and emotional well-being of the community.	Survey results, collected data, and focus groups.	Aging, low income	Social media, Community Education Team, Church Programs, Community Health Fairs	Colonial Behavioral Health; Smart Girls Do Smart Things; Bacon Street Youth And Family Services; Center for Child & Family Services, Inc; CSB
<b>Strategy:</b> Support education efforts to improve community knowledge regarding mental health, substance use, social isolation, and stress management.				
<b>Objective:</b> Provide community education materials including mental health and substance use resources, and stress management education.				
<b>Priority Area: Improve Chronic Conditions and Avoidable Health Outcomes</b>				
<b>Goal:</b> Reduce the impact of chronic conditions and chronic diseases on morbidity and mortality.	Survey results, collected data, and focus groups.	Low income, chronic condition population	Social media, Community Education Team, Community Health Fairs, Church Programs	Lackey Clinic; Virginia Peninsula Community College; Third Baptist Church; Greater Joy Church of God in Christ; Crusading Outreach Ministry Inc; Deen Ball Sports Incorporated
<b>Strategy:</b> Increase partners with organizations for community health screenings.				
<b>Objective:</b> Increase access to chronic disease education, availability of health education resources, and disease management education.				
<b>Priority Area: Address and Invest in the Social Drivers of Health</b>				
<b>Goal:</b> Develop and implement collective impact strategies to align healthcare providers and community-based organizations to address social and economic issues which impact health.	Survey results, collected data, and focus groups.	Aging, low income, persons with disabilities, unhoused population, uninsured	Social media, Community Education Team, Integrated Care Managers, Church Programs, Community Health Fairs	Versability Resources; LINK; Literacy for Life; Peninsula Pastoral Counseling Center, Inc.; Menchville House Ministries, Inc.; Peninsula Agency on Aging; Boys & Girls Clubs, Inc.; THRIVE; United Way
<b>Strategy:</b> Support various approaches to working with community organizations.				
<b>Objective:</b> Enhance partnerships and support across the health system and community.				