



Sentara Princess Anne Hospital 2025 Diabetes Outpatient Class



To register, call SPAH Education at 757-507-2715

Location: Sentara Princess Anne Hospital—2nd Floor, Large Classroom [Education Dept.]

All three classes are needed to complete session

Questions? Call 757-507-2711

Physician referral required—please fax to (757) 716-3906

January Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Wednesday, January 15th	9:30 AM—12:30 PM
2	Wednesday, January 22nd	9:30 AM—12:30 PM
3	Wednesday, January 29th	9:30 AM—12:30 PM

February Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Tuesday, February 11th	2:00 PM —5:00 PM
2	Tuesday, February 18th	2:00 PM —5:00 PM
3	Tuesday, February 25th	2:00 PM —5:00 PM

March Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Wednesday, March 5th	9:30 AM—12:30 PM
2	Wednesday, March 12th	9:30 AM—12:30 PM
3	Wednesday, March 19th	9:30 AM—12:30 PM

April Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Wednesday, April 16th	9:30 AM—12:30 PM
2	Wednesday, April 23rd	9:30 AM—12:30 PM
3	Wednesday, April 30th	9:30 AM—12:30 PM

May Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Tuesday, May 6th	2:00 PM —5:00 PM
2	Tuesday, May 13th	2:00 PM —5:00 PM
3	Tuesday, May 20th	2:00 PM —5:00 PM

June Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Wednesday, June 4th	9:30 AM—12:30 PM
2	Wednesday, June 11th	9:30 AM—12:30 PM
3	Wednesday, June 18th	9:30 AM—12:30 PM



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July Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Wednesday, July 16th	9:30 AM—12:30 PM
2	Wednesday, July 23rd	9:30 AM—12:30 PM
3	Wednesday, July 30th	9:30 AM—12:30 PM

August Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Tuesday, August 5th	2:00 PM —5:00 PM
2	Tuesday, August 12th	2:00 PM —5:00 PM
3	Tuesday, August 19th	2:00 PM —5:00 PM

September Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Wednesday, Sept 10th	9:30 AM—12:30 PM
2	Wednesday, Sept 17th	9:30 AM—12:30 PM
3	Wednesday, Sept 24th	9:30 AM—12:30 PM

October Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Wednesday, October 1st	9:30 AM—12:30 PM
2	Wednesday, October 8th	9:30 AM—12:30 PM
3	Wednesday, October 15th	9:30 AM—12:30 PM

November Session

<u>Class</u>	<u>Date</u>	<u>Time</u>
1	Tuesday, November 4th	2:00 PM —5:00 PM
2	Tuesday, November 11th	2:00 PM —5:00 PM
3	Tuesday, November 18th	2:00 PM —5:00 PM

Class schedule subject to changes