

What is Sentara Quality Care Network?



(Or SQCN, pronounced “sequin”)

SQCN is a community-wide network of healthcare providers who voluntarily work together to make healthcare seamless and simple for you.

SQCN works to improve the:

- Quality and access of healthcare.
- Overall experience.
- Costs of care.

Why choose a SQCN provider?

When you have a SQCN provider, you have access to the SQCN Care Management Team of registered nurses, pharmacists, health coaches, social workers, and diabetes educators. Our no-cost services include:

- Coaching and education to address chronic diseases like diabetes, hypertension, and asthma.
- Identifying the need for preventive care like breast and colon screenings, diabetic testing, and immunizations—and making the appointments.
- Following up after hospital or emergency room visits to ensure you understand after-visit instructions, have medications, and upcoming visits, if needed.
- Help with finding community resources.

SQCN has nearly 4,000 community healthcare partners from Sentara Health, Children’s Hospital of the King’s Daughters (CHKD) hospital and outpatient facilities, Macon & Joan Brock Virginia Health Sciences EVMS Medical Group at Old Dominion University, and independent practices.

Find a SQCN provider

Visit **sentarahealthplans.com** and click on the *Find Doctors, Drugs and Facilities* tab. Then, click on *Doctors and Facilities* and locate your plan name. Use the *Advanced Search* tab on the dashboard. Look on the *Recognitions* category and select *Sentara Quality Care Network (SQCN)*. You can search names and/or specialties as well.

Contact SQCN member services at **757-455-7330** or **SQCN@sentara.com** for more information.

Sentara Health Plans is the trade name of Sentara Health Plans Plan, Sentara Health Plans Insurance Company, and Sentara Health Plans, Inc.