

ASAM Level 3.7 Medically Monitored Intensive Inpatient Admission for Substance Adult Initial Medicaid

Table of Content

Purpose

Description & Definitions

Criteria

Coding

Document History

References

Special Notes

Keywords

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All requests for authorization for the services described by this medical policy will be reviewed per Early and Periodic Screening, Diagnostic and Treatment (EPSDT) guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual*.

Purpose:

This policy addresses ASAM Level 3.7 Medically Monitored Intensive Inpatient Admission for Substance Adult Initial for Medicaid.

Description & Definitions:

Intensive inpatient provides 24-hour professionally directed evaluation, observation, medical and addiction treatment in a facility.

Biomedical enhanced services are delivered by appropriately credentialed medical staff, who are available to assess and treat co-occurring biomedical disorders and to monitor the resident's administration of medications in accordance with a physician's prescription. The intensity of nursing care and observation is sufficient to meet the patient's needs.

Co-Occurring Capable - Treatment programs that address co-occurring mental and substance related disorders. They provide assessment, treatment planning, program content and discharge planning. They can provide psychopharmacologic monitoring and psychological assessment and consultation, either on site or through coordinated consultation with off site providers.

Co-Occurring Enhanced - Describes treatment programs that incorporate policies, procedures, assessments, treatment, and discharge planning processes that accommodate patients who have co-occurring mental and substance related disorders. Mental health symptom management groups are incorporated into addiction treatment. Motivational enhancement therapies specifically designed for those with co-occurring mental and substance-related disorders are more likely to be available (particularly in out-patient settings) and, there is close collaboration or integration with a mental health program that provides crisis backup services and access to mental health case management and continuing care.

Behavioral Health o6 Page 1 of 4

In contrast to Co-Occurring Capable services, Co-Occurring Enhanced services place their primary focus on the integration of services for mental and substance-related disorders in their staffing, services and program content.

Criteria:

Admission to Medically Monitored Intensive Inpatient Services level of care for substance-related disorder is considered medically necessary when the following ASAM dimensions are met. The individual, 18 years or older meets ASAM criteria for Medically Monitored Intensive Inpatient Services when one is met from dimensions 1, 2 or 3, and one additional dimension is met from dimensions 1,2,3, 4, 5, or 6 are met initial services.

- Individual must meet ALL of the following
 - Diagnosis: The individual has at least one diagnosis from the most recent Diagnostic and Statistical Manual of Mental Disorders for Substance-Related and Addictive Disorders with the exception of tobacco-related disorders, caffeine use disorder or dependence, and nonsubstance-related addictive disorders
 - o Individual must meet either dimension 1, 2 or 3 by 1 or more of the following
 - Dimension 1: Acute intoxication and/or withdrawal potential: Patient has the potential for life threatening withdrawal
 - Dimension 2: Biomedical conditions/complications: Require 24-hour medical monitoring, but not intensive treatment
 - Dimension 3: Emotional/Behavioral/Cognitive Conditions: Moderate severity needs 24 hour structured setting
 - Individual must meet either dimension 1,2,3, 4, 5 or 6 by 2 or more of the following
 - Dimension 1: Acute intoxication and/or withdrawal potential: Patient has the potential for life threatening withdrawal
 - Dimension 2: Biomedical conditions/complications: Require 24-hour medical monitoring, but not intensive treatment
 - Dimension 3: Emotional/Behavioral/Cognitive Conditions: Moderate severity needs 24 hour structured setting
 - Dimension 4: Readiness to Change: Poor impulse control, continues to use substances despite severe negative consequences (medical, physical or situational) and requires a 24-hour structured setting
 - Dimension 5: Relapse, Continued use or Continued Problem Potential: Unable to control use, requires 24-hour supervision, imminent dangerous consequences
 - Dimension 6: Recover Living Environment: Environment is imminently dangerous, patient lacks skills to cope outside of a highly structured environment.

There is insufficient scientific evidence to support the medical necessity of intensive inpatient admission for substance abuse for uses other than those listed in the clinical indications for procedure section.

Service Units and Limitations:

- Members shall be discharged from this service when other less intensive services may achieve stabilization, the member requests discharge, the member leaves the facility or a higher level of care is needed for the member.
- ASAM Level 3.7 may be provided concurrently with Preferred OBOT or OTP services. Preferred OBOT and OTP services including medications, labs, and urine drug screens may be billed separately in community-based settings but not inpatient settings. For more information, refer to the Opioid Treatment Services Supplement to this Provider Manual.
- Group substance use counseling by CATPs, CSACs and CSAC supervisees shall have a maximum limit of 12
 individuals in the group or less depending on the clinical model. Group size may exceed this limit based on the
 determination of the CATP. Such counseling shall focus on the needs of the members served.
- CSACs and CSAC-supervisees by scope of practice are able to perform group substance use counseling, thus could provide counseling and psychoeducational services in this level of care.
- Providers may not bill another payer source for any supervisory services; daily supervision, including one-on-one, is included in the Medicaid per diem reimbursement.

Behavioral Health o6 Page 2 of 4

- Residential treatment services do not include interventions and activities designed only to meet the supportive
 non-mental health special needs, including but not limited to personal care, habilitation, or academic-educational
 needs of the member.
- One unit of service is one day.
- There are no maximum annual limits but shall meet ASAM Criteria.

<u>Discharge/Transfer Criteria It is appropriate to transfer or discharge the member from the present level of care if he or she meets the following criteria:</u>

- The member has achieved the goals articulated in the ISP, thus resolving the problem(s) that justified admission to the current level of care; or
- The member has been unable to resolve the problem(s) that justified admission to the present level of care, despite amendments to the ISP. Treatment at another level of care or type of service therefore is indicated; or
- The member has demonstrated a lack of capacity to resolve his or her problem(s). Treatment at another level of care or type of service therefore is indicated; or
- The member has experienced an intensification of his or her problem(s), or has developed a new problem(s), and can be treated effectively only at a more intensive level of care.

Coding:

CPT/HCPCS codes considered medically necessary if policy criteria are met:

Coding	Description
H2036	Alcohol and/or other drug treatment program, per diem

CPT/HCPCS codes considered not medically necessary per this policy:

Coding	Description
	None

The preceding codes are included above for informational purposes only and may not be all inclusive. Additionally, inclusion or exclusion of a treatment, procedure, or device code(s) does not constitute or imply member coverage or provider reimbursement.

Document History:

Revised Dates:

2025: April – Annual review completed. Criteria simplified and housekeeping to update policy to new format. Effective date 7.1.2025.

2023: May 2019: October Reviewed Dates:

2024: September – Review completed, no changes.

2022: December 2021: November 2020: November 2019: November 2018: May

Original Date: April 2017

Behavioral Health o6 Page 3 of 4

References:

Department of Medical Assistance Services (DMAS), Addiction and Recovery Treatment Services (ARTS) Manual, Chapter IV; Covered Services and Limitations, 08/28/2024 under Medical Necessity Criteria (ARTS) ARTS Provider Manual Chapter IV (updated 8.28.24) Final.pdf

The American Society of Addiction Medicine Criteria (ASAM): Treatment Criteria for Addictive, Substance-Related, and Co-Occurring Conditions--Third Edition (2013), pg. 175-176.

MCG 28th Edition: MCG Health - 28th Edition

Policy Approach and Special Notes:

- Coverage: See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.
- Application to Products: Policy is applicable to Sentara Health Plans Virginia Medicaid Products Only.
 - o See MCG guidelines for all other Lines of Business.
- Authorization Requirements: Pre-certification by the Plan is required.
- Special Notes:
 - This medical policy express Sentara Health Plan's determination of medically necessity of services, and they are based upon a review of currently available clinical information. These policies are used when no specific guidelines for coverage are provided by the Department of Medical Assistance Services of Virginia (DMAS). Medical Policies may be superseded by state Medicaid Plan guidelines. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.
 - Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.
 - The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) covers services, products, or procedures for children, if those items are determined to be medically necessary to "correct or ameliorate" (make better) a defect, physical or mental illness, or condition (health problem) identified through routine medical screening or examination, regardless of whether coverage for the same service or support is an optional or limited service under the state plan. Children enrolled in the FAMIS Program are not eligible for all EPSDT treatment services. All requests for authorization for the services described by this medical policy will be reviewed per EPSDT guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to by medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.
 - Service authorization requests must be accompanied by sufficient clinical records to support the request.
 Clinical records must be signed and dated by the requesting provider withing 60 days of the date of service requested.

Keywords:

Medically Monitored Intensive Inpatient Admission Substance Abuse, behavioral health 06, shp 6, addiction, intoxication, withdrawal, treatment, substance abuse, relapse, SHP Medically Monitored Intensive Inpatient Admission for Substance Abuse, SHP Medically Monitored Intensive Inpatient Admission for Substance (Adult)

Behavioral Health o6 Page 4 of 4