

Home Music Therapy

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<u>Effective Date</u>	12/2021
<u>Next Review Date</u>	8/2024
<u>Coverage Policy</u>	BH 38
<u>Version</u>	1

Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual’s benefit plan for details.

Purpose:

This policy addresses the medical necessity of - Home Music Therapy

Description & Definitions:

Music Therapy is an activity incorporated into the care and treatment of patient's disabling mental health problems using music.

Criteria:

Home Music Therapy is considered not medically necessary for any indication.

Coding:

Medically necessary with criteria:

Coding	Description
	None

Considered Not Medically Necessary:

Coding	Description
G0176	Activity therapy, such as music, dance, art or play therapies not for recreation, related to the care and treatment of patient's disabling mental health

U.S. Food and Drug Administration (FDA) - approved only products only.

Document History:

Revised Dates:

Behavioral Health 38

- 2022: October

Reviewed Dates:

- 2023: August

Effective Date:

- December 2021

References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

(2023). Retrieved July 27, 2023, from MCG 26th Edition: <https://careweb.careguidelines.com/ed26/index.html>

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Music Therapy. (2023). Retrieved July 27, 2023, from Cleveland Clinic: <https://my.clevelandclinic.org/health/treatments/8817-music-therapy>

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Procedure Fee Files & CPT Codes. (2023). Retrieved July 27, 2023, from Department of Medical Assistance Services: <https://www.dmas.virginia.gov/for-providers/rates-and-rate-setting/procedure-fee-files-cpt-codes/> & <https://www.dmas.virginia.gov/for-providers/cardinal-care-transition/>

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Special Notes: *

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment, and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving, and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

Services mean both medical and behavioral health (mental health) services and supplies unless We specifically tell You otherwise. We do not cover any services that are not listed in the Covered Services section unless required to be covered under state or federal laws and regulations. We do not cover any services that are not Medically Necessary. We sometimes give examples of specific services that are not covered but that does not mean that other similar services are covered. Some services are covered only if We authorize them. When We say You or Your We mean You and any of Your family members covered under the Plan. Call Member Services if You have questions.

Keywords:

SHP Music Therapy, SHP Behavioral Health 38, Activity therapy