# SENTARA COMMUNITY PLAN (MEDICAID)

# PHARMACY PRIOR AUTHORIZATION/STEP-EDIT REQUEST\*

**Directions:** The prescribing physician must sign and clearly print name (preprinted stamps not valid) on this request. All other information may be filled in by office staff; <u>fax to 1-800-750-9692</u>. No additional phone calls will be necessary if all information (including phone and fax #s) on this form is correct. <u>If the information provided is not</u> complete, correct, or legible, the authorization process can be delayed.

### **Drug Requested:** (Select drug below)

 $\Box \quad Nexletol^{TM} (bempedoic acid)$ 

□ **Nexlizet**<sup>®</sup> (bempedoic acid/ezetimibe)

### Preferred Medication (must be tried and failed FIRST)

□ ezetimibe

### MEMBER & PRESCRIBER INFORMATION: Authorization may be delayed if incomplete.

| Member Name:               |                                     |
|----------------------------|-------------------------------------|
|                            | Date of Birth:                      |
| Prescriber Name:           |                                     |
| Prescriber Signature:      | Date:                               |
| Office Contact Name:       |                                     |
|                            | Fax Number:                         |
| NPI #:                     |                                     |
| DRUG INFORMATION: Authoriz | ation may be delayed if incomplete. |
|                            |                                     |
| Dosing Schedule:           | Length of Therapy:                  |
| Diagnosis:                 | ICD Code, if applicable:            |

Weight (if applicable): \_\_\_\_\_ Date weight obtained: \_\_\_\_\_

**CLINICAL CRITERIA:** Check below all that apply. All criteria must be met for approval. To support each line checked, all documentation, including lab results, diagnostics, and/or chart notes, must be provided or request may be denied.

## Specialty: Is the drug prescribed by or in consultation with a specialist?

| Cardiologists    | □ Lipidologists |
|------------------|-----------------|
| Endocrinologists | □ Other:        |

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 $\Box$  No

□ Yes

- 1. Is Patient  $\geq$  18 years of age?
- 2. For what indications the drug is being prescribed? Check all that apply:
  - □ Member can be classified into ONE of the following risk factor groups:
    - □ Extremely high risk ASCVD: (defined as extensive or active burden of ASCVD, or ASCVD with extremely high burden of adverse or poorly controlled risk cardio-metabolic risk factors including HeFH or severe hypercholesterolemia [SH] LDL-C > 220 mg/dl) with an LDL-C ≥ 70 mg/dL; OR
    - □ Very high risk ASCVD: (defined as less extensive ASCVD and poorly controlled cardiometabolic risk factors) with an LDL-C  $\ge$  100 mg/dL; **OR**
    - □ High risk ASCVD: (defined as either less extensive ASCVD and well controlled risk factors or primary prevention HeFH or SH >220 mg/dl with poorly controlled risk factors) with LDL-C ≥ 130 mg/dL;
  - □ To reduce the risk of myocardial infarction, stroke, and coronary revascularization in adults <u>without</u> established cardiovascular disease.
  - □ As an adjunct to diet, alone or in combination with other lipid-lowering therapies (e.g., statins, ezetimibe), for treatment of adults with primary hyperlipidemia (including heterozygous familial hypercholesterolemia (HeFH)) to reduce low-density lipoprotein cholesterol (LDL-C)
- 3. Member has failed to achieve a target LDL-C despite physician attestation that the member is adherent to maximally tolerated doses of statins prior to the lipid panel demonstrating suboptimal reduction

□ Yes □ No

- 4. Member is not able to use a maximum dose of atorvastatin or rosuvastatin due to muscle symptoms? Documentation of a causal relationship must be established between statin use and muscle symptoms. Documentation must demonstrate that the member experienced pain, tenderness, stiffness, cramping, weakness, and/or fatigue and all of the following (please attach documentation):
  - a. Muscle symptoms resolved after discontinuation of statin;

### AND

b. Muscle symptoms occurred when re-challenged at a lower dose of the same statin;

#### AND

c. Muscle symptoms occurred after switching to an alternative statin;

### AND

d. Documentation ruling out non-statin causes of muscle symptoms (e.g., hypothyroidism, reduced renal function, reduced hepatic function, rheumatologic disorders, such as polymyalgia rheumatica, steroid myopathy, vitamin D deficiency, or primary muscle disease);

# OR

e. Member has been diagnosed with statin-induced rhabdomyolysis

 $\Box$  Yes  $\Box$  No

5. Is this request for a new start or continuation of therapy? (If **New Start**, go to diagnosis section.)

□ New Start □ Continuation

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# **u** High risk for Cardiovascular Disease (CVD) event but WITHOUT established CVD

- 6. Member is at high risk for a CVD event but without established CVD confirmed by at least <u>ONE</u> of the following (submit documentation):
  - $\Box \quad \text{Reynolds risk score} > 30 \%$
  - $\square \quad 10 \text{-year ASCVD risk score} \ge 20 \%$
  - □ Coronary artery calcium score > 300 Agatston units
  - □ Member is between 40 and 75 years of age and has a diagnosis of Type 1 or 2 diabetes
- 7. Member must meet <u>ONE</u> of the following:
  - □ Member has tried <u>ONE</u> of the following statin therapies as a single-entity or combination product for at least 8 consecutive weeks (verified by pharmacy paid claims):
    - □ High intensity statin therapy with atorvastatin (generic Lipitor)  $\ge$  40 mg daily
    - □ High intensity statin therapy rosuvastatin (generic Crestor)  $\ge$  20 mg daily
    - □ Moderate-intensity statin therapy (member unable to tolerate high intensity therapy)
    - □ Low intensity statin therapy (member unable to tolerate moderate intensity therapy <u>OR</u>
  - □ Member has been determined to be statin intolerant and meets all clinical criteria in question #4.
- 8. If applicable: Member's LDL-C after 8-week trial of maximally tolerated statin therapy remains ≥ 70 mg/dL
  □ Yes □ No
- 9. Please provide member's LDL levels below (submit labs with request):

## LDL baseline: \_\_\_\_\_

# **Diagnosis and Lab Values for Cardiovascular Event Risk Reduction (CVD)**

- 10. Does member have a history of clinical atherosclerotic cardiovascular disease (ASCVD) or a cardiovascular event listed below?
  - □ Acute coronary syndromes
  - □ Myocardial infarction
  - □ Stable or unstable angina
  - □ Stroke of presumed atherosclerotic origin
  - □ Transient ischemic attack (TIA)
  - □ Coronary or other arterial revascularization procedure (e.g., percutaneous transluminal coronary angioplasty (PTCA), coronary artery bypass graft (CABG))
  - □ Peripheral arterial disease of presumed atherosclerotic origin
  - Findings from computerized tomography (CT) angiogram or catheterization consistent with clinical ASCVD
- 11. Please provide member's LDL levels below (submit labs with request):

## LDL baseline: \_\_\_\_\_

### **Diagnosis and Lab Values for Heterozygous Familial Hypercholesterolemia (HEFH)**

12. Does member have a **definite** diagnosis of heterozygous familial hypercholesterolemia (HeFH) as defined by the Dutch Lipid Clinical Network criteria (total score greater than 8)?

**ACTION REQUIRED**: If **YES**, please provide a copy of the lab report with LDL-C level at time of diagnosis and other documentation supporting clinical/family history and/or physical findings (e.g., chart notes, medical records).

 $\Box$  Yes  $\Box$  No

13. Does member have a definite diagnosis of HeFH as defined by Simon Broome diagnostic criteria?

□ Yes □ No

## **Reauthorization Approval**

14. Was this drug previously authorized for this member and are they stable on the medication?

 $\Box$  Yes  $\Box$  No

- 15. How long has the member been receiving treatment with these medications?
  - □ 3 to 5 months (or first renewal request after initial authorization)
  - □ 6 months or more (or second and subsequent renewal requests)
- 16. Has the member achieved at least a 15% to 20% reduction in LDL-C since the beginning of treatment? (If Yes, please attach clinical notes and laboratory results that support reduction in LDL-C after initiation of therapy.)
  - 🗆 Yes 🗆 No
- 17. Does the member continue to benefit from treatment as measured by either continued decrease in LDL-C levels or maintenance of optimum of LDL-C levels? (If Yes, please attach clinical notes and laboratory results that support continued benefit of Nexletol<sup>®</sup>, Nexlizet<sup>™</sup> therapy.)

 $\Box$  Yes  $\Box$  No

18. Member is not able to use a maximum dose of atorvastatin or rosuvastatin due to muscle symptoms; documentation of a causal relationship must be established between statin use and muscle symptoms. Documentation must demonstrate that the member experienced pain, tenderness, stiffness, cramping, weakness, and/or fatigue. (Please provide documentation/chart notes)

 $\Box$  Yes  $\Box$  No

# Medication being provided by Specialty Pharmacy - PropriumRx

\*Use of samples to initiate therapy does not meet step-edit/preauthorization criteria. \*<u>Previous therapies will be verified through pharmacy paid claims or submitted chart notes.</u>\*