



# Martha Jefferson Hospital

## PGY1 PHARMACY RESIDENCY

The Department of Pharmacy at The Sentara Martha Jefferson Hospital offers a PGY1 Pharmacy Residency. This 12-month program provides the necessary opportunities for highly motivated pharmacists who are graduates or candidates for graduation from an ACPE accredited degree program, to achieve their professional goals.

The Sentara Martha Jefferson residency experience is designed to provide the resident with the knowledge, abilities, experience, attitude, and critical thinking skills necessary to become a leader in integrated health system pharmacy practice. Rotations are designed to enhance the expertise of the resident in the application and management of drug therapy in a variety of patient care areas; in the provision of drug information services; and in practice management as it relates to the overall direction and integration of pharmacy services. The program is sufficiently flexible to allow the resident to develop skills in many areas based on individual need and preference.

### Pharmacy Experience

During pharmacy rotations, the resident assumes the responsibility for all aspects of patient drug therapy including: conducting patient interviews and patient medication counseling; advising physicians, nurses, and patients on appropriate drug use; attending rounds and conferences; pharmacokinetic consulting; and providing lectures on drug therapy to medical, nursing, and pharmacy staff. Required rotations include orientation (5 weeks), sterile compounding/nutrition (5 weeks), internal medicine (5 weeks), critical care (5 weeks), administration (5 weeks), medication safety (5 weeks), informatics (longitudinal), service component (longitudinal), drug information (longitudinal), and teaching and learning certificate (longitudinal). Elective

rotations include emergency medicine (5 weeks), oncology (5 weeks), cardiology (5 weeks), internal medicine II (5 weeks), and critical care II (5 weeks).

During resident training, valuable experience is obtained in the many integrated aspects of a pharmacy service including quality improvement programs, medication use evaluation programs, and regulatory compliance. These experiences enable the resident to develop the skills needed to communicate effectively; to organize, prioritize, and manage pharmacy services; and to plan for and implement new programs.

### Residency Benefits

Current resident benefits include a stipend of \$50,000, Paid Annual Leave days including vacation, holiday and sick days, medical/dental insurance, professional leave and travel allowance to attend national and regional meetings.

### Application

Application through PhORCAS  
<http://www.ashp.org/phorcas>

For more information about the residency write or call:

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PGY1 Residency Program Director  
Department of Pharmacy  
Sentara Martha Jefferson Hospital  
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**The application deadline is January 1.**

**Sentara Martha Jefferson Hospital** is a not-for-profit community hospital serving Charlottesville, Albemarle and the surrounding counties in central Virginia. With a medical staff of 450 physicians, Martha Jefferson Hospital provides comprehensive medical and surgical services through a Cancer Care Center, Digestive Care Center, Cardiology Care Center, Orthopedics including Spine Surgery & Joint Replacement Surgery, Thoracic Surgery, Vascular Medicine & Surgery, and a Women's Health Center. Sentara Martha Jefferson Hospital has a singular mission: to make the people of our community healthy. Since its founding more than 100 years ago, Sentara Martha Jefferson has constantly evolved to meet the diverse healthcare needs of patients who trust us with their care. Today, our vision is as clear as it was to our founders. We will continue to set the standard for clinical quality and personalized healthcare. To that end, we commit to a distinctive combination of cutting-edge technology and a tradition of care and human touch. **Sentara Martha Jefferson Hospital is a tobacco-free campus and as of October 1, 2010, Sentara Martha Jefferson will no longer hire individuals who use tobacco or nicotine products of any form.**

## **The Martha Jefferson Community**

You work hard for a reason- to enjoy the rewards and benefits of a quality lifestyle. And nowhere else is life more agreeable than in Charlottesville. Here you will enjoy a modern and progressive city, filled with old-world elegance and charm, nestled contentedly in the unspoiled beauty of the Blue Ridge Mountains. With a population of over 100,000 people, Charlottesville is a highly livable city that offers many of the same advantages of towns twice its size- museums, a resident theatrical company, a community orchestra, international performing artist's series- without the disadvantages. Charlottesville has a thriving culinary environment with dozens of unique restaurants centered on a half-mile pedestrian mall downtown, and four performing arts venues including the new John Paul Jones Arena.

Charming, picturesque, thriving and modern. That's what makes Charlottesville unique, and it's the reason we're consistently ranked near the top of the most livable cities in the country. The secret's out, so there's nothing else to do but invite you to come see us for yourself.

## **The Department of Pharmacy**

The mission of Sentara Martha Jefferson Hospital Department of Pharmacy Services is to improve the health and well-being of our community through safe and effective medication use. Clinical services provided by the department include attending patient care rounds, renal function monitoring, drug interaction monitoring, pharmacokinetic monitoring, parenteral nutrition monitoring, and a focus on a decentralized but integrated model of care delivery.

### **Jamin C. Engel, Pharm.D., MBA, BCSP**

Jamin is the Interim Regional Director of Pharmacy for the Western Region of Sentara Healthcare which includes RMH Medical Center (SRMH), Northern Virginia Medical Center (SNVMC), and Martha Jefferson Hospital (SMJH). He graduated from VCU/MCV School of Pharmacy in 2008 with a Doctor of Pharmacy degree, and obtained a Masters of Business Administration degree from James Madison University in 2013. In addition to his role as pharmacy director, Jamin serves as the system expert for sterile compounding, and has published several articles, taught national certification programs, and serves on regulatory committees focused on sterile compounding. He also is a clinical professor for Virginia Commonwealth University and a preceptor for Shenandoah University College of Pharmacy

### **Margaret N. Taylor, Pharm.D., BCPS**

Meg is the Pharmacy Services Team Coordinator and Residency Program Director at Sentara Martha Jefferson Hospital. She received her Doctor of Pharmacy from the Medical College of Virginia/Virginia Commonwealth University and successfully completed an ASHP-accredited PGY-1 residency at the University of Virginia Health System. Meg serves as a preceptor to residents and APPE students in drug information. Her areas of professional interest include infectious diseases, adult internal medicine, and geriatrics. She served as regional president for the Virginia Society of Health-Systems Pharmacists and was awarded the New Practitioner of the Year Award in 2007. Meg is also a member of the American Society of Health-Systems Pharmacists and the American College of Clinical Pharmacy.

### **Lara Frost, Pharm.D.**

Lara is currently a PGY-1 pharmacy resident at Sentara Martha Jefferson Hospital. She earned her Doctor of Pharmacy degree from South College School of Pharmacy in Knoxville, Tennessee in 2022. Her current practice interests include cardiology, sterile compounding, and nutrition support. Lara's research project is focused on the evaluation of a pharmacist-driven antibiotic optimization protocol based on rapid blood culture identification panel results. Upon completion of her residency, Lara plans to pursue employment as a hospital pharmacist.

### **Veronika Nguyen, Pharm.D.**

Veronika is currently a PGY-1 pharmacy resident at Sentara Martha Jefferson Hospital. She earned her Doctor of Pharmacy degree from Philadelphia College of Osteopathic Medicine – Georgia campus in 2022. Her current practice interests include emergency medicine, critical care, and transplant. Veronika's research project focuses on the comparison of Tenecteplase and Alteplase in acute ischemic stroke. Upon completion of her residency, Veronika plans to either pursue a PGY-2 in emergency medicine or pursue employment as a hospital pharmacist.

### **Katy St. Clair, Pharm.D.**

Katy is currently a PGY-1 pharmacy resident at Sentara Martha Jefferson Hospital. She earned her Doctor of Pharmacy from the Wingate University School of Pharmacy in 2022. Her current practice interests include oncology, emergency medicine and sterile compounding. Katy's research project focuses on the utilization of vasopressin compared to other second-line vasopressors after a "Last On-First Off" protocol was implemented. Upon completion of her residency, Katy plans to either pursue a PGY-2 in oncology or pursue employment as a hospital pharmacist.

### **Emily Dyer, Pharm.D., BCPS**

Emily is a clinical pharmacy specialist pharmacist at Sentara Martha Jefferson Hospital. She received her Doctor of Pharmacy from the Medical College of Virginia/Virginia Commonwealth University, completed a PGY1 residency at Sentara Martha Jefferson Hospital in 2008, and passed the Board Certification in Pharmacotherapy in 2011. Emily serves as a preceptor to residents in the Emergency Medicine, Orientation, and Staffing learning experiences, and IPPE/APPE VCU students. Emily is actively involved in the Sentara Martha Jefferson Stroke and Stroke Quality Committees, Sentara Martha Jefferson Sepsis Task Force, and Sentara Emergency Medicine Pharmacists Committee. Her areas of professional interest include emergency medicine and public policy. Emily is a member of VSHP and ASHP.

### **Michael Miller, Pharm.D., BCPS**

Michael is a clinical staff pharmacist at Sentara Martha Jefferson Hospital. He received his Bachelor of Science in Pharmacy from the University of North Carolina-Chapel Hill in 1996 and his Doctor of Pharmacy from the University of North Carolina-Chapel Hill in 1997. He passed the Board Certification in Pharmacotherapy exam in 2010. Michael serves as a preceptor for the cardiology learning experience as well as for IPPE and APPE students from VCU and Shenandoah University. He is a member of the Sentara Acute Care Pharmacy Nursing Practice Council. Michael is a member of the American College of Clinical Pharmacists and the Virginia Society of Health-System Pharmacists.

### **Niki Seidel, Pharm.D., BCPS**

Niki is a clinical staff pharmacist at Sentara Martha Jefferson Hospital. She received her Doctor of Pharmacy from Shenandoah University's Bernard J. Dunn School of Pharmacy and completed her PGY1 residency at Sentara Martha Jefferson Hospital in 2016. Niki serves as a co-preceptor for the sterile compounding rotation and the service component.

### **Sara Tittermary, Pharm.D.**

Sara is a clinical staff pharmacist at Sentara Martha Jefferson Hospital. She received her Doctor of Pharmacy from the Medical College of Virginia/Virginia Commonwealth University and completed her PGY1 residency at Sentara Martha Jefferson Hospital in 2013. She volunteers regularly at the Charlottesville Free Clinic. She serves as a preceptor for the sterile compounding rotation.

### **Michael Van Ornum, RN, R.Ph., BCPS, CPPS**

Michael is the medication safety coordinator at Sentara Martha Jefferson Hospital. He received his Bachelor of Science in Pharmacy from the University of Buffalo. Michael currently is a member of the Medication Safety Officer Society (MSOS) and serves as preceptor of the medication safety practice rotation.

### **Bob Ventura, R.Ph., MHMS**

Bob is the Pharmacy Information Technology Specialist at Sentara Martha Jefferson Hospital. He received his Bachelor of Science in Pharmacy Degree from Duquesne University in Pittsburgh, PA in 1988. In 1998, he obtained a Master of Health Management Systems degree from Duquesne University. He has been a Pharmacy IT Manager position with a mail order pharmacy and was the Cerner Pharmacy Team Lead at the University of Pittsburgh Medical Center and Health System. He has held positions as a business consultant with exposure to several pharmacy systems and was a senior business consultant with IBM. He came to Sentara Martha Jefferson Hospital in 2006. He is the pharmacy residency preceptor for information systems longitudinal rotation.

### **Chad Weinhold, Pharm.D., BCPS**

Chad is a clinical pharmacy specialist at Sentara Martha Jefferson Hospital. He received his Doctor of Pharmacy degree from the Philadelphia College of Osteopathic Medicine – Georgia Campus, School of Pharmacy. Chad completed a PGY-1 pharmacy residency at Sentara Martha Jefferson Hospital in 2015. He is currently a member of the American Society of Health-System Pharmacists and serves as a preceptor for the oncology rotation.

### **Tiffany White, Pharm.D., BCPS, BCCCP**

Tiffany is a clinical pharmacy specialist focusing in critical care at Sentara Martha Jefferson Hospital. She received her Doctor of Pharmacy from the Medical College of Virginia/Virginia Commonwealth University and completed her PGY1 residency training at Boston Medical Center in 2014. Tiffany received her PGY2 Critical Care residency training at St. Joseph's-Candler Health System in Savannah, GA in 2015, where she was employed as a clinical pharmacy specialist in emergency medicine prior to joining the Martha Jefferson family. Tiffany serves as primary preceptor to residents in the Critical Care learning experience and to 4<sup>th</sup> year VCU and Shenandoah University APPE students. Her professional interests include the management of sepsis, pain/agitation/delirium, and infectious diseases in critically ill patients. She is currently serving as the lead pharmacist on the Sentara Critical Care High Performance Team, is chair of the Sentara Critical Care Pharmacists Group and the SMJH Pharmacy Residency Research Committee, and is actively involved with the Sentara Martha Jefferson Sepsis Task Force, and the Sentara Martha Jefferson Critical Care Committee.

### **Melody Wootten, Pharm.D., BCPS**

Melody is a clinical staff pharmacist at Sentara Martha Jefferson Hospital. She received her Doctor of Pharmacy degree from Virginia Commonwealth University/Medical College of Virginia, School of Pharmacy. After graduating, Melody completed a PGY-1 residency at Centra Health in Lynchburg, Virginia. Melody serves as a preceptor Internal Medicine. Her interests include infectious diseases, internal medicine, and oncology.