

OPTIMIZING PATIENT CARE WITH DIGITAL CONNECTIVITY

Our telehealth solution allows patients to manage their care at home while providing clinicians the unique opportunity to intervene when patients are at high risk for a hospital readmission or ER visit.

REDUCED READMISSIONS

40%

Patients have achieved up to a 40% reduction in 30-day readmissions.

BIOMETRIC ADHERENCE

Patients have demonstrated 90% biometric adherence.

90%



TELEHEALTH AT HOME

Remote Patient Monitoring

1-800-HOMECARE toll free
(1-888-461-5649 outside of VA)

CENTRAL INTAKE
Chesapeake
757-553-3000

Suffolk
757-983-1900

Newport News
757-736-0700

Williamsburg
757-984-1350

Charlottesville
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Harrisonburg
540-564-5735

Alleghany
540-863-2140

Woodbridge
571-285-1820

North Carolina
252-337-9320

Halifax
434-517-3339

Atención: si habla español, tiene a su disposición servicios lingüísticos gratuitos. Llame al 844-809-6648.

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 844-809-6648 번으로 전화해 주십시오.

注意: 如果您讲中文普通话, 则将为您提供免费的语言辅助服务。请致电 844-809-6648。

ATTENTION: Language assistance services are available to you free of charge. Call 844-809-6648.

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TELEHEALTH AT HOME

Remote Patient Monitoring



WHAT IS TELEHEALTH AT HOME?

Telehealth At Home is a program that allows healthcare providers to continuously monitor patient vitals and symptoms remotely. Telemonitoring has helped many patients reduce their chances of hospital readmission and emergency room visits.



Each patient in the telehealth program is provided with a 4G Samsung tablet loaded with easy-to-use software that is customized to meet the patient's unique needs. The tablet provides patients with educational videos and medication reminders, and comes with monitoring devices such as a blood pressure monitor, scale, and a pulse oximeter so that patients can take their vitals daily. The 4G tablet allows clinicians to remotely track a patient's vitals and symptoms. In addition, we can communicate with the patient through the tablet without the need for a landline or internet connection.

THE TELEMONITORING SOFTWARE ALLOWS PATIENTS TO:

- Measure weight, blood pressure, heart rate, glucose and SPO2 and track their readings
- Let clinicians know of symptoms through a daily survey
- Learn about their disease condition and how to manage it
- Track their medication adherence and progress
- Communicate with their clinician via text, phone, or video chat

THE TELEMONITORING SOFTWARE ALLOWS CLINICIANS TO:

- Monitor a patient's vitals in real time
- Respond to high-risk readings that could lead to a hospital (re)admission
- Communicate with patients via text, phone, or video chat
- Track the patient's medication adherence
- Supplement education through videos and teach-back quizzes

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toll free

sentara.com/homecare