

Endometrial Ablation

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<u>Effective Date</u>	2/1992
<u>Next Review Date</u>	2/1/2024
<u>Coverage Policy</u>	Surgical 15
<u>Version</u>	5

Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details^{*}.

Purpose:

This policy addresses the medical necessity for Endometrial ablation.

Description & Definitions:

Endometrial Ablation is the surgical destruction of the innermost uterine lining called the endometrium using electrical, thermal or laser energy.

Criteria:

Endometrial ablation is considered medically necessary with **1 or more of the following**:

- Individual with indications of **ALL of the following**:
 - Diagnosis of 1 or more of the following
 - Heavy menstrual bleeding (HMB)
 - Chronic menorrhagia
 - Recurrent abnormal uterine bleeding
 - Menorrhagia unresponsive to/or with contraindication to **1 or more of the following**:
 - Failure of hormonal treatment
 - Intolerance to hormonal treatment
 - Contraindication to hormonal treatment
 - Refusal to take hormonal treatment
 - Endometrial sampling or D&C has been performed within the year prior to the procedure or is being planned at the time of procedure
 - Pap smear and gynecologic examination prior to the procedure have excluded significant cervical disease and infection
 - Individual no longer desires future fertility

Endometrial Ablation is considered **not medically necessary** for uses other than those listed in the clinical criteria.

Coding:

Medically necessary with criteria:

Coding	Description
58353	Endometrial ablation, thermal, without hysteroscopic guidance
58356	Endometrial cryoablation with ultrasonic guidance, including endometrial curettage, when performed
58563	Hysteroscopy, surgical; with endometrial ablation (eg, endometrial resection, electrosurgical ablation, thermoablation).

Considered Not Medically Necessary:

Coding	Description
	None

U.S. Food and Drug Administration (FDA) - approved only products only.

Document History:

Revised Dates:

- 2023: February
- 2022: August
- 2021: February
- 2020: March
- 2019: November
- 2015: July, August
- 2013: August
- 2012: August
- 2008: August
- 2003: January
- 2001: July
- 1998: December
- 1994: February

Reviewed Dates:

- 2022: February
- 2018: April, November
- 2017: January
- 2016: June
- 2014: August
- 2011: August
- 2010: August
- 2009: August
- 2007: August, September
- 2005: February, November
- 2004: April, July
- 2003: October, November
- 2002: October
- 2000: July, December
- 1999: July, December
- 1996: August

Effective Date:

- February 1992

References:

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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Palmetto - Billing and Coding: ENDOMETRIAL Hyperplasia Treatment - A53043. (2022). Retrieved Dec 12, 2022, from CMS.gov: <https://www.cms.gov/medicare-coverage-database/view/article.aspx?articleid=53043&ver=11&keyword=Endometrial%20ablation&keywordType=any&areald=all&docType=NCA,CAL,NCD,MEDCAC,TA,MCD,6,3,5,1,F,P&contractOption=all&sortBy=relevance&bc=1>

Special Notes: *

This medical policy expresses Sentara Health Plan's determination of medical necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving, and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

Keywords:

Endometrial Ablation, SHP Surgical 15, uterine bleeding, Menorrhagia, Hormonal therapy, Dilation and curettage, D&C, Pap smear, gynecologic examination, cervical disease, endometrial resection, electrosurgical ablation, thermoablation, hydrothermal endometrial ablation (HTEA), Thermal balloon endometrial ablation (TBEA), Microwave Endometrial Ablation (MEA), cryoablation, electrosurgical ablation, laser