

# **Endometrial Ablation, Surgical 15**

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|--|-------------------------|-------------|
| <u>Criteria</u><br><u>Document History</u>   | <u>Next Review Date</u> | 2/2026      |
| Coding<br>Special Notes                      | Coverage Policy         | Surgical 15 |
| <u>References</u><br><u>Keywords</u>         | Version                 | 7           |
| <u>References</u><br><u>Keywords</u>         | <u>Version</u>          | 7           |

# Member-specific benefits take precedence over medical policy and benefits may vary across plans. Refer to the individual's benefit plan for details<sup>\*</sup>.

#### **Description & Definitions:**

Endometrial Ablation is the surgical destruction of the innermost uterine lining called the endometrium using electrical, thermal or laser energy.

**Other common names:** hydrothermal endometrial ablation (HTEA), Thermal balloon endometrial ablation (TBEA), Microwave Endometrial Ablation (MEA), cryoablation, electrosurgical ablation, laser, ThermaChoice, Hydro ThermAblator, Uterine Cryoblation Therapy, Sonata Sonography-Guided, Endometrial Ablation (ELA), Photodynamic endometrial ablation

### Criteria:

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Endometrial ablation is considered medically necessary with 1 or more of the following:

- Individual with indications of **ALL** of the following:
  - Endometrial Ablation Procedure of 1 or more of the following:
    - Chemical ablation with trichloroacetic acid
    - Cryoablation (freezing)
    - Electrosurgical ablation/electrocautery ablation (e.g., electric rollerball, resecting loop with electric current, triangular mesh with electrical current)
    - Laser
    - Microwave endometrial ablation ((MEA)
    - Radiofrequency ablation (The NovaSure Procedure, and the Minerva Endometrial Ablation System)
    - Thermoablation/hydrothermal ablation/balloon therapy ablation, thermal fluid-filled balloon
  - Diagnosis of **1 or more** of the following:
    - Heavy menstrual bleeding (HMB)
    - Chronic menorrhagia
    - Recurrent abnormal uterine bleeding
  - o Menorrhagia unresponsive to/or with contraindication to **1 or more** of the following:
    - Failure of hormonal treatment
    - Intolerance to hormonal treatment
    - Contraindication to hormonal treatment
    - Refusal to take hormonal treatment

- Endometrial sampling or D&C has been performed within the year prior to the procedure or is being planned at the time of procedure
- Pap smear and gynecologic examination prior to the procedure have excluded significant cervical disease and infection
- Individual no longer desires future fertility
- For individual with residual menstrual bleeding after androgen treatment in an individual with confirmed gender dysphoria and/or undergoing female to male hormonalgender reassignment therapy

**Endometrial ablation** procedure is considered **not medically necessary** for any use other than those indicated in clinical criteria, to include but not limited to:

- Photodynamic endometrial ablation.

# Document History:

Revised Dates:

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- 2024: February
- 2023: February
- 2022: August
- 2021: February
- 2020: March
- 2019: November
- 2015: July, August
- 2013: August
- 2012: August
- 2008: August
- 2003: January
- 2001: July
- 1998: December
- 1994: February

**Reviewed Dates:** 

- 2025: February
- 2022: February
- 2018: April, November
- 2017: January
- 2016: June
- 2014: August
- 2011: August
- 2010: August
- 2009: August
- 2007: August, September
- 2005: February, November
- 2004: April, July
- 2003: October, November
- 2002: October
- 2000: July, December
- 1999: July, December
- 1996: August

Effective Date:

• February 1992

| Coding:                            |  |  |  |
|------------------------------------|--|--|--|
| Medically necessary with criteria: |  |  |  |
| Coding                             | Description  |  |  |
| 58353                              | Endometrial ablation, thermal, without hysteroscopic guidance  |  |  |
| 58356                              | Endometrial cryoablation with ultrasonic guidance, including endometrial curettage, when performed                       |  |  |
| 58563                              | Hysteroscopy, surgical; with endometrial ablation (eg, endometrial resection, electrosurgical ablation, thermoablation). |  |  |

## Considered Not Medically Necessary:

| Coding | Description  |
|--------|--|
| 58579  | Unlisted hysteroscopy procedure, uterus                    |
| 58999  | Unlisted procedure, female genital system (nonobstetrical) |

U.S. Food and Drug Administration (FDA) - approved only products only.

The preceding codes are included above for informational purposes only and may not be all inclusive. Additionally, inclusion or exclusion of a treatment, procedure, or device-code(s) does not constitute or imply member coverage or provider reimbursement.

## Special Notes: \*

- Coverage
  - See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.
- Application to products
  - Policy is applicable to Sentara Health Plan Medicare products.
- Authorization requirements
  - Pre-certification by the Plan is required.
- Special Notes:
  - o Medicare:
    - This medical policy expresses Sentara Health Plan's determination of medically necessity of services, and they are based upon a review of currently available clinical information. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.
    - Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

#### **References:**

Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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(2025). Retrieved 1 2025, from DMAS: https://vamedicaid.dmas.virginia.gov/manuals/provider-manuals-library

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Management of Acute Abnormal Uterine Bleeding in Nonpregnant Reproductive-Aged Women. (2024). Retrieved 1 2025, from American College of Obstetricians and Gynecologists (ACOG): <u>https://www.acog.org/clinical/clinical-guidance/committee-opinion/articles/2013/04/management-of-acute-abnormal-uterine-bleeding-in-nonpregnant-reproductive-aged-women</u>

### Keywords:

Endometrial Ablation, SHP Surgical 15, uterine bleeding, Menorrhagia, Hormonal therapy, Dilation and curettage, D&C, Pap smear, gynecologic examination, cervical disease, endometrial resection, electrosurgical ablation, thermoablation, hydrothermal endometrial ablation (HTEA), Thermal balloon endometrial ablation (TBEA), Microwave Endometrial Ablation (MEA), cryoablation, electrosurgical ablation, laser