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SHP High Intensity Focused Ultrasound (HIFU)

MCG Health Ambulatory Care 25th Edition

AUTH: SHP Imaging 10 v3 (AC)

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Coverage

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See the appropriate benefit document for specific coverage determination. Member specific benefits take precedence over medical policy.

Application to Products

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Policy is applicable to all products.

Authorization Requirements

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• Pre-certification by the Plan is required for all plans.

Description of Item or Service

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High Intensity Focused Ultrasound applies focused ultrasound waves to specific areas of tissue to induce tissue destruction without affecting surrounding or intervening tissues.

Exceptions and Limitations

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- There is insufficient scientific evidence to support the medical necessity of the following services as they are not shown to improve health outcomes upon technology review:
 - High-intensity focused ultrasound (HIFU) ablation for the treatment for Benign Prostatic Hyperplasia (BPH)
 - Transrectal high-intensity focused ultrasound for Benign Prostatic Hyperplasia (BPH)
 - Transrectal electrothermal hyperthermia high-intensity focused ultrasound for Benign Prostatic Hyperplasia (BPH)
- There is insufficient scientific evidence to support the medical necessity of High Intensity Focused Ultrasound (HIFU) for uses
 other than those listed in the clinical indications for procedure section.

Clinical Indications for Procedure

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- High Intensity Focused Ultrasound is considered medically necessary for individuals with prostate cancer and ALL of the following :
 - Individual with **1 or more** of the following:
 - Prostate-specific antigen (PSA) persistence

- Prostate-specific antigen (PSA) recurrence
- Positive digital rectal exam
- Positive transrectal ultrasound (TRUS) biopsy
- All studies negative for metastasis
- High Intensity Focused Ultrasound is **NOT COVERED** for **ANY** of the following:
 - · High-intensity focused ultrasound (HIFU) ablation for the treatment for Benign Prostatic Hyperplasia
 - $\,\circ\,$ Transrectal high-intensity focused ultrasound for Benign Prostatic Hyperplasia
 - Transrectal electrothermal hyperthermia high-intensity focused ultrasound for Benign Prostatic Hyperplasia

Document History

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- · Revised Dates:
 - 2022: July
 - 2020: August
 - 2019: October
- Reviewed Dates:
 - 2022: June
 - 2021: August
 - 2019: April
 - 2018: February
 - 2017: March
- Effective Date: January 2014

Coding Information

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- · CPT/HCPCS codes covered if policy criteria is met:
 - CPT 55880 Ablation of malignant prostate tissue, transrectal, with high intensity-focused ultrasound (HIFU), including ultrasound guidance
- CPT/HCPCS codes considered not medically necessary per this Policy:
 - None

References

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References used include but are not limited to the following:

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Codes

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