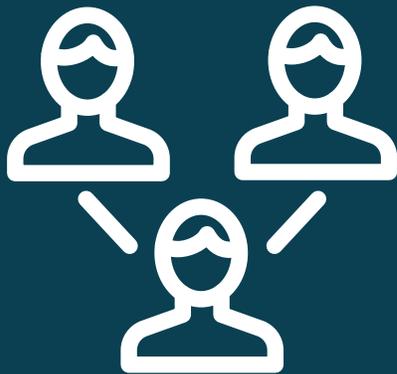
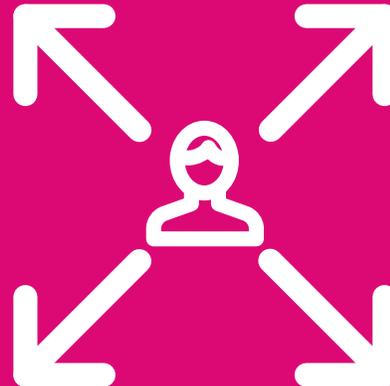


# What Types of Issues Does an EAP Address?



## Relationships

Spouse/Kids  
Boss/Co-worker  
Customers  
Friends



## Transitions

Marriage/Divorce  
Birth/Death  
Promotions/Retirement  
Health/Illness



## Risks

Depression/Anxiety  
Suicidal Thoughts  
Burnout/Anger  
Substance Abuse



## Challenges

Stress/Conflict  
Financial /Legal  
Parenting/Balance  
Daily Responsibilities

Your Employee Assistance Program (EAP) provides you and your household members with free\*, confidential assistance to help with personal or professional problems that may interfere with work or family responsibilities.

Better begins today.

**800-327-2251**

For more information about EAP services, log on to [portal.BHSONline.com](http://portal.BHSONline.com) | Username: **CityofChesapeake**



\* If you require a referral for long-term treatment, costs may be incurred. These are often covered by your health insurance plan.