

# A plan for Federal employees with dedicated customer service, value, and quality

We are Virginians serving Virginians



## High-quality coverage.

### Close to home.

Sentara Health Plans will continue to offer federal employees quality health coverage, exceptional service, access to top quality physicians, state-of-the-art medical facilities, and innovative wellness programs. Our affiliation with Sentara Health means our members are part of one of the nation's top-ranked integrated health systems.

## Sentara Health Plans FEHB plans include:

- No referrals
- No claims to file
- Network stability through the "Vantage HMO" network
- Vision exams covered at 100% every 12 months with discounts on eyeglass frames and lenses
- Coverage for dependents until their 26th birthday
- Preventive services and medications covered at 100%
- Exceptional wellness programs
- Virtual office visits

## HDHP Plan:

The HDHP plan offers a chance to save money for the next plan year, cost savings on coinsurance and premiums, and comprehensive benefits including:

- After deductible, 20% coinsurance
- Lower premium

## HMO High Option Plan:

The HMO High Option plan offers value, low copayments, and comprehensive benefits including:

- \$15 per primary care physician office visit
- \$50 per specialist and urgent care visits

## Exceptional service

### Member satisfaction is a top priority

Our member services team can help you understand benefits, find the right doctor, and more. Besides benefit details, our online tools provide secure 24/7 access to plan information including:

- Wellness programs like stress reduction, weight management, and tobacco cessation
- 24/7 Nurse Advice Line

## Select PG!



**HMO High Option Plan**  
(PG 1,2, or 3)  
**HDHP Plan**  
(PG 4,5, or 6)



Don't leave money on the table!  
HDHP members are granted:  
\$1,000 (self) or \$2,000 (family)



For more information, visit:  
[sentarahealthplans.com/federal](https://sentarahealthplans.com/federal)