

# **Diapers and Underpads**

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All requests for authorization for the services described by this medical policy will be reviewed per Early and Periodic Screening, Diagnostic and Treatment (EPSDT) guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to be medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.\*.

DMAS will not provide reimbursement for the routine use of diapers for children under three years of age. Service authorizations for diapers for children must be associated with a medical condition and will not be approved solely because toilet training has not been accomplished.

For code A4335 clinical notes must define the medical necessity in order for the requested item(s) to be authorized.

#### Purpose:

This policy addresses Diapers and Underpads.

#### **Description & Definitions:**

Incontinence supplies are products including diapers and underpads that absorb urine and fecal waste and act as a barrier.

#### Criteria:

Combinations of diapers and underpads are considered medically necessary for **all of the** following:

- Individual's age is 1 or more of the following:
  - Individual is over the age of three with 1 of the following:
    - Individual has a medical diagnosis of urinary or fecal incontinence
    - Individual has a medical diagnosis that is causing urinary or fecal incontinence
  - Individual is under three years of age with **1 of the following**:
    - Individual has a medical diagnosis of urinary or fecal incontinence which is impeding toilet training

- Individual has a medical diagnosis that is causing urinary or fecal incontinence which is impeding toilet training
- An order by a physician is supplied and includes **all of the following**:
  - A description of the individual's incontinent condition including **all of the** following:
    - Degree of incontinence
    - Type of incontinence
  - $\circ$   $\;$  Functional limitations that may affect the individual's incontinence
  - Amount of product required per month
  - Type of product required per month

Diapers and underpads are considered not medically necessary for any use other than those indicated in clinical criteria.

Coding:	
	essary with criteria:
Coding	Description
A4335	Incontinence Supplies, Not Otherwise Specified
A4554	Disposable underpads, all sizes
T4521	Adult sized disposable incontinence product, brief/diaper, small, each
T4522	Adult sized disposable incontinence product, brief/diaper, medium, each
T4523	Adult sized disposable incontinence product, brief/diaper, large, each
T4524	Adult sized disposable incontinence product, brief/diaper, extra large, each
T4525	Adult sized disposable incontinence product, protective underwear/pull-on, small size, each
T4526	Adult sized disposable incontinence product, protective underwear/pull-on, medium size, each
T4527	Adult sized disposable incontinence product, protective underwear/pull-on, large size, each
T4528	Adult sized disposable incontinence product, protective underwear/pull-on, extra large size, each
T4529	Pediatric sized disposable incontinence product, brief/diaper, small/medium size, each
T4530	Pediatric sized disposable incontinence product, brief/diaper, large size, each
T4531	Pediatric sized disposable incontinence product, protective underwear/pull-on, small/medium size each
T4532	Pediatric sized disposable incontinence product, protective underwear/pull-on, large size, each
T4533	Youth sized disposable incontinence product, brief/diaper, each

T4534	Youth sized disposable incontinence product, protective underwear/pull-on, each
T4535	Disposable liner/shield/guard/pad/undergarment, for incontinence, each
T4536	Incontinence product, protective underwear/pull-on, reusable, any size, each
T4537	Incontinence product, protective underpad, reusable, bed size, each
T4538	Diaper service, reusable diaper, each diaper
T4539	Incontinence product, diaper/brief, reusable, any size, each
T4540	Incontinence product, protective underpad, reusable, chair size, each
T4541	Incontinence product, disposable underpad, large, each
T4542	Incontinence product, disposable underpad, small size, each
T4543	Adult sized disposable incontinence product, protective brief/diaper, above extra large, each
T4544	Adult sized disposable incontinence product, protective underwear/pull-on, above extra large, each
T4545	Incontinence product, disposable, penile wrap, each

#### Considered Not Medically Necessary:

Coding	Description
	None

# **Document History:**

**Revised Dates:** 

- 2021: June
- 2019: September

**Reviewed Dates:** 

- 2023: May
- 2022: May
- 2020: July
- 2019: July

Effective Date:

• June 2019

## **References:**

Including but not limited to: Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

DME Manual - Appendix B. (2023, Jan). Retrieved Apr 20, 2023, from DMAS DME:

https://www.dmas.virginia.gov/media/5542/appendix-b-bed-pans-urinals-incontinence-catheters-and-irrigation-equipand-supplies-january-2023.pdf

(2023). Retrieved Apr 20, 2023, from MCG 26th Edition: https://careweb.careguidelines.com/ed26/index.html

(2023). Retrieved Apr 20, 2023, from CMS: https://www.cms.gov/medicare-coverage-database/searchresults.aspx?keyword=&areaId=all&docType=6,3,5,1,F,P&hcpcsOption=code&hcpcsStartCode=A4553&hcpcsEndCode=A 4553&sortBy=title

# Special Notes: \*

This medical policy express Sentara Health Plan's determination of medically necessity of services, and they are based upon a review of currently available clinical information. These policies are used when no specific guidelines for coverage are provided by the Department of Medical Assistance Services of Virginia (DMAS). Medical Policies may be superseded by state Medicaid Plan guidelines. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.

Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.

The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) covers services, products, or procedures for children, if those items are determined to be medically necessary to "correct or ameliorate" (make better) a defect, physical or mental illness, or condition (health problem) identified through routine medical screening or examination, regardless of whether coverage for the same service or support is an optional or limited service under the state plan. Children enrolled in the FAMIS Program are not eligible for all EPSDT treatment services. All requests for authorization for the services described by this medical policy will be reviewed per EPSDT guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to by medically necessary to correct or ameliorate the member's condition. *Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.* 

All medically necessary medical equipment and supplies under the Virginia Administrative Code (12VAC30-50-165) may be covered only if they are necessary to carry out a treatment prescribed by a practitioner. Only supplies, equipment, and appliances that are determined medically necessary may be covered for reimbursement by DMAS. (12VAC30-50-165) The following criteria must be satisfied through the submission of adequate and verifiable documentation satisfactory to DMAS, or its contractor. Medically necessary DME and supplies shall be:

- Ordered by the practitioner on the CMN/DMAS-352;
- A reasonable and medically necessary part of the individual's treatment plan;
- Consistent with the individual's diagnosis and medical condition, particularly the functional limitations and symptoms exhibited by the individual;
  Not furnished for the safety or restraint of the individual, or solely for the convenience of the family, attending practitioner, or other practitioner or supplier;
- Consistent with generally accepted professional medical standards (i.e., not experimental or investigational);
- Furnished at a safe, effective, and cost-effective level; and
- Suitable for use, and consistent with 42 CFR 440.70(b)(3), that treats a diagnosed condition or assists the individual with functional limitations.

### Keywords:

SHP Incontinence Supplies, SHP Durable Medical Equipment 246, diapers, underpads