

# Dry Hydrotherapy, Medical 267

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Effective Date 2/2012

Next Review Date 2/2026

Coverage Policy Medical 267

Version 7

All requests for authorization for the services described by this medical policy will be reviewed per Early and Periodic Screening, Diagnostic and Treatment (EPSDT) guidelines. These services may be authorized under individual consideration for Medicaid members under the age of 21-years if the services are judged to by medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment) Manual.

## **Description & Definitions:**

Dry Hydrotherapy self-contained device such as a table or chair that combine massage, water and heat to apply using a water mattress that patient lies on.

#### Criteria:

There is insufficient scientific evidence to support the medical necessity of this service as it is not shown to improve health outcomes upon technology review.

## **Document History:**

#### Revised Dates:

2021: May

2020: January

2016: April

2015: November, December

2014: January

2013: April, October

#### **Reviewed Dates:**

2025: February

2024: March

2023: March

2022: April

2020: May

2018: November

2017: December

2016: January

2015: January

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2013: January

Effective Date:

February 2012

| Coding:           |  |
|-------------------|--|
| Medically necessa | ry with criteria:  |
| Coding            | Description  |
|                   | None   |
|                   |  |
| Considered Not Me | edically Necessary:  |
| Coding            | Description  |
| 97039             | Unlisted modality (specify type and time if constant attendance) |

U.S. Food and Drug Administration (FDA) - approved only products only.

The preceding codes are included above for informational purposes only and may not be all inclusive. Additionally, inclusion or exclusion of a treatment, procedure, or device-code(s) does not constitute or imply member coverage or provider reimbursement.

### Special Notes: \*

- Coverage: See the appropriate benefit document for specific coverage determination. Individual specific benefits take precedence over medical policy.
- Application to products: Policy is applicable to Sentara Health Plan Medicaid products.
- Authorization requirements: Pre-certification by the Plan is required.
- Special Notes:
  - o Medicaid
    - This medical policy express Sentara Health Plan's determination of medically necessity of services, and they are based upon a review of currently available clinical information. These policies are used when no specific guidelines for coverage are provided by the Department of Medical Assistance Services of Virginia (DMAS). Medical Policies may be superseded by state Medicaid Plan guidelines. Medical policies are not a substitute for clinical judgment or for any prior authorization requirements of the health plan. These policies are not an explanation of benefits.
    - Medical policies can be highly technical and complex and are provided here for informational purposes. These medical policies are intended for use by health care professionals. The medical policies do not constitute medical advice or medical care. Treating health care professionals are solely responsible for diagnosis, treatment and medical advice. Sentara Health Plan members should discuss the information in the medical policies with their treating health care professionals. Medical technology is constantly evolving and these medical policies are subject to change without notice, although Sentara Health Plan will notify providers as required in advance of changes that could have a negative impact on benefits.
    - The Early and Periodic Screening, Diagnostic and Treatment (EPSDT) covers services, products, or procedures for children, if those items are determined to be medically necessary to "correct or ameliorate" (make better) a defect, physical or mental illness, or condition (health problem) identified through routine medical screening or examination, regardless of whether coverage for the same service or support is an optional or limited service under the state plan. Children enrolled in the FAMIS Program are not eligible for all EPSDT treatment services. All requests for authorization for the services described by this medical policy will be reviewed per EPSDT guidelines. These services may be authorized under individual consideration for Medicaid

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members under the age of 21-years if the services are judged to by medically necessary to correct or ameliorate the member's condition. Department of Medical Assistance Services (DMAS), Supplement B - EPSDT (Early and Periodic Screening, Diagnosis and Treatment)

 Service authorization requests must be accompanied by sufficient clinical records to support the request. Clinical records must be signed and dated by the requesting provider withing 60 days of the date of service requested.

#### References:

Including but not limited to: Specialty Association Guidelines; Government Regulations; Winifred S. Hayes, Inc; UpToDate; Literature Review; Specialty Advisors; National Coverage Determination (NCD); Local Coverage Determination (LCD).

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National Comprehensive Cancer Network. NCCN.org. Retrieved 2.11.2025. <a href="https://www.nccn.org/search-result?indexCatalogue=nccn-search-index&searchQuery=dry%20hydrotherapy">https://www.nccn.org/search-result?indexCatalogue=nccn-search-index&searchQuery=dry%20hydrotherapy</a>

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## **Keywords:**

SHP Dry Hydrotherapy Massage for Treating Obesity, shp medical 32, obese, severely overweight, Aquamassage, Hydromassage, SHP Medical 267, wet therapy, physical therapy for treating obesity, , AquaMed, Aqua Massage, H20Massage System

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