#### SENTARA HEALTH PLANS

## A plan for Federal employees with dedicated customer service, value, and quality

We are Virginians serving Virginians

### High-quality coverage. Close to home.

Sentara Health Plans will continue to offer federal employees quality health coverage, exceptional service, access to top quality physicians, state-of-the-art medical facilities, and innovative wellness programs. Our affiliation with Sentara Health means our members are part of one of the nation's top-ranked integrated health systems.

# Sentara Health Plans FEHB plans include:

- No referrals
- No claims to file
- Network stability through the "Vantage HMO" network
- Vision exams covered at 100% every 12 months with discounts on eyeglass frames and lenses
- Coverage for dependents until their 26th birthday
- Preventive services and medications covered at 100%
- Exceptional wellness programs
- Virtual office visits





### **HMO High Option Plan:**

The HMO High Option plan offers value, low copayments, and comprehensive benefits including:

- No deductible
- \$25 per primary care physician office visit
- \$55 per specialist and urgent care visits

### **Exceptional service**

#### Member satisfaction is a top priority

Our member services team can help you understand benefits, find the right doctor, and more. Besides benefit details, our online tools provide secure 24/7 access to plan information including:

- Wellness programs like stress reduction, weight management, and tobacco cessation
- 24/7 Nurse Advice Line



HMO High Option Plan (F2 1,2, or 3)

# For more information, visit: sentarahealthplans.com/federal